



Endo-ERN

# CONGENITAL HYPERINSULINISM IN CHILDHOOD

*Current and future challenges*

**21 – 22 March 2026**

Rosslyn Dimyat Hotel  
Varna, Bulgaria

## PROGRAMME

Financed by the European Union-NextGenerationEU, through the National Recovery and Resilience Plan of the Republic of Bulgaria, project № BG-RRP-2.004-0009 “Medical University – Varna: Enhancement of Translational Excellence Achievement in Medicine (MUVE-TEAM)”



## Saturday, March 21<sup>th</sup>, 2026

13:30 –14:00 Registration

14:00 –16:00 **SESSION 1: MEETING WITH CHI FAMILIES AND HEALTH CARE PROFESSIONALS**  
**Julie Raskin, Khalid Hussain, Hüseyin Demirbilek, Klaus Mohnike, Jean-Baptiste Arnoux, Sonya Galcheva, Ekin Demirbilek, families and patients**

16:00 –16:30 Coffee break

16:30 –17:00 **Hyperinsulinemic hypoglycemia in Bulgaria**  
Margarita Archinkova/Todor Ruskov, Bulgaria

17:00 –17:30 Poster session

19:30 –22:00 Welcome reception

## Sunday, March 22<sup>th</sup>, 2026

08:30 –09:00 Registration

### SESSION 2

**Moderators: Margarita Archinkova and Jean-Baptiste Arnoux**

09:00 –09:40 **History and types of congenital hyperinsulinism**  
Khalid Hussain, Doha, Qatar

09:40 –10:20 **Diagnosis and treatment of hyperinsulinemic hypoglycemia**  
Klaus Mohnike, Germany

10:20 –10:40 Discussion

10:40 –11:00 Coffee break

### SESSION 3

**Moderators: Klaus Mohnike and Khalid Hussain**

11:00 –11:40 **New therapies in congenital hyperinsulinism**  
Huseyin Demirbilek, Turkey

- 11:40 –12:20 **Continuous glucose monitoring and new technologies in hyperinsulinemic hypoglycemia**  
Chris Worth, UK /virtual presentation/
- 12:20 –12:40 **Discussion**
- 12:40 –14:00 Lunch

#### SESSION 4

**Moderators: Violeta Iotova and Huseyin Demirbilek**

- 14:00 –14:30 **Genetics of congenital hyperinsulinism**  
Sarah Flanagan /virtual presentation/
- 14:30 –15:10 **Psychosocial and Neurodevelopmental impact of hyperinsulinism**  
Jean-Baptiste Arnoux, France
- 15:10 –15:40 **Dietary management and related issues in congenital hyperinsulinism**  
Bethany Allchin, Sarah Wilson, UK /virtual presentation/
- 15:40 –16:00 **Discussion**
- 16:00 –16:30 Coffee break

#### SESSION 5

**Moderators: Sonya Galcheva and Julie Raskin**

- 16:30 –17:00 **Congenital hyperinsulinism in Serbia and Montenegro**  
Maja Raicevic /prerecorded presentation/
- 17:00 –17:30 **Congenital hyperinsulinism in Turkey**  
Ekin Demirbilek, Turkey
- 17:30 –18:30 **Congenital Hyperinsulinism International**  
Julie Raskin, USA
- 19:30 –22:00 Official dinner

