



Once again, the sea capital of Varna will host an international scientific event dedicated to health care. The role of healthcare for quality healthcare is growing worldwide. The need for knowledgeable and capable professionals is also growing daily. The opinion and advice of experienced health care professionals is crucial to advancing research and development in this area.

All this has given us the confidence and faith to look for the best among all to share their experience and good practice and together, today, to take a step forward for better healthcare tomorrow.

The Department of Nursing Care at the Faculty of Public Health
of Medical University „Prof. Dr. Paraskev Stoyanov“ – Varna (Bulgaria)
together with

University Hospital „Saint Marina“ – Varna

and Hamidiye Faculty of Nursing at the University of Health Sciences, Istanbul (Türkiye)
are looking forward to welcoming you at:

Fifth International Conference HEALTH CARE - A CONTRIBUTION TO THE QUALITY OF LIFE September 25-26, 2026

The scientific event aims to present current problems in the field of health care and the training of students in the field, as well as to contribute to the exchange of information and experience in modern medical practice in the following thematic areas:

- Innovation and Excellence in Patient Care
- Health Research & Scientific Discovery
- Healthy Ageing and Chronic Disease Management
- Digital Health, Artificial Intelligence and Nursing
- Mental Health and Psychosocial Well-being
- Public Health, Climate Change and Disaster Preparedness
- Nursing Education and Innovative Teaching Methods

APPLY FOR THE CONFERENCE BY 15 AUGUST 2026

TO REGISTER **WITHOUT** AN ABSTRACT [CLICK HERE](#)

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The deadline for submission of full-text reports is October 01, 2026, at the following addresses:

- nursingcare@mu-varna.bg - in Bulgarian
- nursingcaretr@mu-varna.bg - in English

Detailed information about the conference can be found [HERE](#)

The event will be held in the **Webex** electronic platform of the Medical University of Varna,
but will also be available for physically present participants.

Working languages of the conference – Bulgarian and English.

If you need additional information, you can contact us at the email address nursingcare@mu-varna.bg

The full text of the reports will be published on the website of Varna Medical University Press at:

<https://journals.mu-varna.bg/index.php/conf/archive>

**WE WILL BE DELIGHTED TO WELCOME YOU IN AN INTERACTIVE ENVIRONMENT,
IN THE FRIENDLIEST ATMOSPHERE IN VARNA AND ISTANBUL!**