

STATEMENT

by Assoc. Prof. Petya Andreeva Parashkevova, PhD.
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Subject: application in regards with academic position Associate Professor in the field of higher education 7. Healthcare and sports, professional field 7.4. Public Health, specialty "Physiotherapy" at the Faculty of Public Health, Department of Physiotherapy, Rehabilitation, Sea Treatment and Occupational Diseases, published in SG No. 61 of 23.07.2021.

By order of the Rector of MU-Varna № P-109-394 dated 20.09.2021 I am included in the Academic Jury, accompanied with Protocol № 1 created by the meeting of the Academic Jury, I have been determined to prepare a statement (in Bulgarian and English) according to the procedure for applying for academic position "Associate Professor" at the Medical University - Varna.

In the announced competition there is one candidate - **Senior Assist. Prof. Stanislava Martinova Bogomilova, PhD.**

Brief biographical data about the candidate

Senior Assis. Prof. Stanislava Bogomilova, PhD was born in Varna. In 2011 she Acquired a Masters degree in Physiotherapy from NSA "Vasil Levski" - Sofia. In 2019 she acquired "PhD" degree after successful defense of a dissertation entitled "The extended fitball as an emotional and therapeutic method for reducing overweight" at the Department of Physiotherapy at SWU "Neofit Rilski" - Blagoevgrad.

From 2014-2018 she holds the position of "Assistant" in educational sector "Rehabilitator" of Medical College, Medical University – Varna. In February 2018 she holds the position of "Assistant" in educational sector Kinesitherapy, Department of Physiotherapy, Rehabilitation, Sea Treatment and Occupational Diseases, Faculty of Public Health, and from February 2021 she got promoted to Senior Assistant in the same educational sector.

The candidate has participated in scientific conferences and training courses in Bulgaria and abroad for additional professional development. She has a professional qualification in manual lymphatic drainage, nutrition and dietetics, cancer rehabilitation, etc.

She is a member of the Association of Physiotherapists in Bulgaria (AFB). The candidate has a good foreign language training – proficiency level in both Russian and English.

General description of the presented materials

The candidate Ch. Assis. Prof. Stanislava Bogomilova, PhD provides materials accompanying her application::

1. Dissertation work - 1 issue;
2. Habilitation work - monography - 1 issue;

3. Publications in scientific journals, referenced and indexed in world-famous databases with scientific information - 5 issues;

4. Publications in journals with scientific review, not referenced in world-famous databases with scientific information - 7 issues.

In addition, the candidate submits 7 full-text publications, in addition to those listed above to cover the minimum requirements for holding the academic position of "Associate Professor".

Reflection of the candidate's scientific publications in the literature (known citations)

For the current competition Sen. Assistant Professor Stanislava Bogomilova, PhD, presented a bibliography, which reflected 7 citations from Bulgarian and international publications. The candidate has active Google Scholar, ResearchGate and ORCID accounts.

General characteristics of the candidate's activity

Educational and pedagogical activity

The teaching activity of the candidate is in the field of her professional training, practical experience and academic interests and is completely relevant in regards to the announced competition. Her teaching activity began in 2014 as an assistant at the Department of Physiotherapy, Rehabilitation, Sea Treatment and Occupational Diseases at the Faculty of Public Health. It has a sufficient classroom workload that meets and exceeds the requirements for teaching employment.

Sen. Assist. prof. Stanislava Bogomilova, PhD teaches the disciplines "Therapeutic massage - general and special part", "Physiotherapy in orthopedics and traumatology", "Physiotherapy in rheumatology" and "Physiotherapy in surgery".

The candidate actively participates in the preparation of curriculum, tests and other administrative activities related to the educational process.

Scientific and scientific-applied activity

The documents, attached for participation in the competition, prove the scientific activity of the candidate - in research, publication and scientifically-applied aspect.

The articles are published in well-established academic journals such as: "Health Economics and Management", "Varna Medical Forum", "Health Policy and Management", publications of IMAB (Journal of IMAB Annual Proceedings) etc.

The scientific publications have current topics, contributing and interdisciplinary orientation.

The main areas of research are:

- Physiotherapy for obesity
- Physiotherapy for injuries and orthopedic diseases

Contributions

The academic materials written by Sen. Assit. Prof. Bogomilova have significant theoretical-methodological and practical-applied contributions.

They are especially valuable in the field of overweight in children and adults. Obesity itself and consequences that can lead to lack or untimely rehabilitation, as well

as the medical, social and economic affects in children and adults are considered. The role of the physiotherapist in reducing overweight and dealing with problems that arise as a result has been discussed.

Research in relation to physiotherapy, promotion, prevention and disease management are significant to the population. Specialized physiotherapeutic algorithms have been developed for individuals having socially significant illnesses within the oncological pathology, plastic surgery and neurological diseases, in accordance with the individual needs of the pain and aimed at the management of the disease process. Well-established methods and tests have been applied to research the rehabilitation potential of patients, which allows for timely prevention and treatment of various forms.

Publications in the field of physiotherapy influence some orthopedic problems and injuries. Specialized physiotherapy approaches have been listed, including an initial study of the functions for the affected areas and the latest physiotherapy programs, precisely dosed and tailored to the rehabilitation phase and the patient's capabilities. The necessary need for a physiotherapist in teams for treatment and prevention of these illnesses derived from the studies.

Personal impressions of the candidate


My personal impression of Sen. Assis. Prof. Stanislava Bogomilova, PhD is that she is hardworking, dedicated and work in professional manner. She has high levels of integrity, thorough and conscientious teacher who strives to constantly develop and improve.

Conclusion

The candidate's application for this competition fully meets the requirements of the Law for development of the academic staff in the Republic of Bulgaria, the Regulations for its application and the Regulations for development of the scientific staff of MU-Varna for holding the academic position "ASSOCIATE PROFESSOR".

In view of the above, I propose to the members of the Scientific Jury to choose Sen. Assist. Prof. Stanislava Bogomilova, PhD for holding the Academic Position "Associate Professor" in the professional field 7.4 Public Health, specialty Physiotherapy.

15.10.2021.

Member of the Scientific Jury: 
/ Assoc. Prof. Petya Andreeva Parashkevova, PhD/