O P I N I O N by Prof. Iliya Nikolov Iliev, PhD, University of Plovdiv "Paisii Hilendarski"

Member of the scientific jury according to an order of the rector of Medical University "Prof. Dr. Paraskev Stoyanov" № P-109-375/26.09.2022г.

in Area of higher education: Professional Field: 4. Natural Sciences, Mathematics and Informatics4. 3 Biological Sciences

Biochemistry

for the needs of Department of Biochemistry, Molecular Medicine and Nutrigenomics, The Medical University "Prof. Dr. Paraskev Stoyanov"

In the competition for "associate professor" in biochemistry, announced in SG no. 59 of 26.07.2022 and on the website of the Medical University "Prof. Dr. Paraskev Stoyanov", as the only candidate participated ch. Dr. Oskan Bakhidinov Tasinov from the Department of "Biochemistry, Molecular Medicine and Nutrigenomics" at the Faculty of Pharmacy of the Medical University "Prof. Dr. Paraskev Stoyanov".

1. General presentation of the procedure and the candidate

The one presented to me by Ch. Oskan Bakhidinov, Ph.D. Tasin's set of materials (in electronic form) is in accordance with the ZRASRB and the Regulations for the Development of the Academic Staff of the Medical University "Prof. Dr. Paraskev Stoyanov" and includes all necessary documents for participation in the competition.

Presented by CH. as. Dr. Oskan Tasinov materials for participation in the competition for the academic position "associate professor" include according to Indicator 4 – one monograph: Oskan Bahidinov Tasinov. Molecular mechanisms of immunomodulating action-the basis for prophylactic and therapeutic potential of, 2022, ISBN: 978-619-91772-2-8 and information about three textbooks in biochemistry in connection with the announced competition, which were not used for the acquisition of the ONS "doctor" and the academic position "Chief Assistant". The candidate participated in the announced competition with scientific production, presented in 15 scientific publications, of which 3 with Q1, 3 with Q2: 2 with Q3: 1, Q4: 7 and two publications in scientific conference proceedings. All of them are the result of the candidate's scientific activity during his professional career.

Presented by CH.as. Tasin scientific activities fully comply with the minimum national requirements for Professional field 4. 3. Biological Sciences.

By Criterion |A (min. 50 p.) - 50 points

There is a doctor of Science degree in Biochemistry on the topic "study of the antioxidant, antiobesitic and antidiabetic action of extracts of fruits of Urgand and Apostille"

By Criterion B (Min. 100 p.) - 100 points

Presented a monograph Oskan Bahidinov Tasinov. Molecular mechanisms of immunomodulating action-the basis for prophylactic and therapeutic potential of, 2022, ISBN: 978-619-91772-2-8. It is not used to acquire the educational and scientific degree "Doctor", and to occupy the academic position "Chief Assistant".

By Criterion G (Min. 200 p.) - 209 points

Including15 publications in publications, 13 from coito sa refereed and indexed in the light of knowledge database with scientific information (Web of Science and Scopus), the distribution in the category Q1 - 3 broy, Q2 - 2 broy, Q3 - 1 broy and Q4 - 7 with a total impact factor: 21,546. Publications t e does not include the results of the dissertation work on the candidate.

By Criterion D (Min. 50 p.) - 50 points

It is included in the list of 25 citations of scientific publications, monographs, collective documents and patents containing references and indexed in the light of knowledge of the database with scientific information (web science and Scopus).

By Criterion E (Min. 100 p.)

Criterion E is not mandatory for evaluation for holding the academic position 'associate professor' and I do not find materials on this criterion that have been presented by Dr. Tasinov. In the creative biography of the candidate is presented information about participation in 19 scientific projects. There is information that he is the co-author of three textbooks for students. Chief Assistant Tasinov meets the minimum state requirements for holding the academic position 'associate professor'.

Scientific and applied results

The main scientific directions on which the presented scientific papers are distributed in the following directions:

Direction 1. Food and nutrition

Sub-regulation 1.1. Evaluation of biological effects of medicinal plants in intervention studies and model cell culture systems.

Regulation 1.2. Study of the biological effects of water and food additives containing micro - and macro-elements and their salts in intervention studies and model systems of cell cultures and animals.

Direction 2. Oncology-study of predictive and prognostic-diagnostic biomarkers in colorectal cancer. to develop new functional products with biomedical application.

The scientific areas described by the candidate are in accordance with two (food and nutrition; Oncology and rare diseases) of the five main priority scientific directions, enshrined in the research development strategy at the Medical University "Prof. Dr. Paraskev Stoyanov" - Varna.

The candidate has described at length the scientific contributions in the main directions mentioned above. I accept Dr. Tasinov's scientific and applied contributions.

Teaching activities

Dr. Oskan Tasinov has successfully realized himself as a lecturer in biochemistry, despite the intensive scientific program related to the development and defense of his dissertation. Dr. Tasinov's professional development began in 2010., when appointed assistant at the Medical University "Prof. Dr. Paraskev Stoyanov", Department of Biochemistry, Molecular Medicine and Nutrigenomics Varna, Bulgaria. From.Two thousand sixteen was elected as "chief assistant" at the Medical University "Prof. Dr. Paraskev Stoyanov", Department of Biochemistry, Molecular Medicine and Nutrigenomics Varna, Bulgaria. The training load of CH. as. Dr. Tasinov is at the Medical University – Varna, and for the last 5 years he has a total audience of 1874 academic hours and is related to taking out exercises mainly in biochemistry.

Dr. Tasinov has submitted information that he is a co-author of three textbooks on biochemistry for medical and pharmacy students.

Dr. Tasinov has provided solid information about participation in international and national scientific forums, as well as in the implementation of the scientific program of international and national scientific projects. He has constantly increased his qualification, which is attested by the information on the conducted specializations and courses for upgrading the qualification.

Personal impressions:

I have no direct personal impressions of the candidate, but from the information presented, I can conclude that Dr. Tasinov is an ambitious young scientist who does not spare the effort and time to increase his qualification.

These qualities, supported by scientific achievements in the field of Biochemistry, only confirm my belief that he deserves to be elected as an associate professor of biochemistry at the Medical University "Prof. Dr. Paraskev Stoyanov" - Varna.

Conclusion

Document and material, submit from the chief as. Dr. Oskan Bakhidinov Tasinov will be dissuaded from seeking out the Law for the development of the academic Congress for the Republic of Bulgaria and for specific additional research for the Medical University "Prof. Dr. Paraskev Stoyanov" - Varna, kato publications and scientific activities for the minimum amount of national research for loan to the academic faculty "associate professor". In the scientific developments for the candidate and the original scientific and applied bring, which have received international recognition through the publication of them in the write-off and scientific collections, published by the international academic publishing house. Vz the basis on vshichko tova davam svoyata positive assessment and reinforcement without hesitation candidacy for the head of the as. Dr. Oskan Bakhidinov Tasinov for loan for academic degree "associate professor" in the field of higher education: 4. Natural sciences, mathematics and computer science, 4. 3. Biological sciences, professional direction "Biochemistry" go to the Medical University "Prof. Dr. Paraskev Stoyanov" - Varna,

05.12.2022 г.

Plovdiv

Opinion issued by \sim

Prof. Iliya Iliev, PhD