TO THE CHAIRMAN OF THE SCIENTIFIC JURY DETERMINED BY ORDER No. 109-261 of the Rector of MU-Varna dated 23.06.2022.

STATEMENT by Prof. Dr. Hristo Stoyanov Bozov, MD

Head of the "Department of Anesthesiology, Marine and Intensive Care Medicine" at the Medical Center - Varna at the Military Medical Academy Subject: Procedure for occupying the academic position "professor" in the specialty "Medicine of disaster situations (marine medicine)", field of higher education 7. Health care and sports, professional direction 7.1. Medicine, one for the needs of the Department of "Disaster Medicine and Marine Medicine" at the Medical University "Prof. Dr. Paraskev Stoyanov"

Dear members of the Scientific Jury, in connection with my election as an external member of the Scientific Jury (order No. 109-261 of the Rector of MU-Varna dated 23.06.2022) under the procedure for occupying the academic position "professor" in the specialty "Medicine of disaster situations (marine medicine)" at MU-Varna, I present to you an opinion regarding the scientific works of Assoc. Prof. Dimitar Georgiev Stavrev, MD, PhD who is the only candidate in the competition published in issue 32/24/04/2022. of the State Gazette.

The documents provided to me are in accordance with the Law on the Development of the Academic Staff in the Republic of Bulgaria and the Regulations for its application and meet the requirements for occupying the specified position. The assessment of the candidate is complex and includes the candidate's research, teaching and practical activities, according to the Regulations for the development of the academic staff of the Medical University.

I. Brief biographical data and professional development of the candidate

Assoc. Prof. Dimitar Stavrev was born on September 27, 1961 in Varna, where he completed his secondary and higher education. In 2011, he obtained the scientific degree "Doctor" in the scientific specialty "Anatomy, Histology and Cytology", and in 2021 the scientific degree "Doctor of Sciences" in the scientific specialty "Medicine of disaster situations (marine medicine)". From 2016 to the present, he is an associate professor in the

specialty "Medicine of disaster situations (marine medicine)" at the Medical University "Prof. Dr. Paraskev Stoyanov" Varna.

Assoc. Prof. Stavrev's professional development began as a ward pediatrician in the period 1987/1990 in the Municipal Hospital - Gen. Toshevo. Since 1990, after winning a competition, he worked as an Assistant - Senior Assistant - Chief Assistant and Docent at the Medical University - Varna. During the period 1998/2000, he was the director of the Center for Emergency Medical Assistance - Varna. Since 1998, he continues to work as a Medical Training Instructor for Water Rescue training in the RC of BRC - Varna. In 2002, he was a professor of Plastic Anatomy at "Chernorizets Hrabar" University of Applied Sciences. During the periods 2004/2008 and 2012/2021, he was a teacher of anatomy at "Angel Kanchev" University of Ruse. In 2008/2021, he was the manager of the "Domestic care" center at the Central Committee of the BRC-Varna. In 2009/2010, he was the manager of "Red Cross Hospice - Varna" EOOD under the BRC. Since 2013, he started and continues to work as a lecturer at the National Training Center of the Bulgarian Red Cross.

II. Research activity

1. The main directions in the research work of Associate Professor Stavrev are related to both the academic disciplines taught by him and fundamental and current medical directions: the medical aspects of extreme situations at sea in the world ocean and along the Bulgarian Black Sea coast; impact of the water and marine environment on the human organism; systems for medico-social protection of vulnerable groups of the population in normal and disaster situations; historical-medical studies on the development of Bulgarian medical knowledge, with an emphasis on the prevention and treatment of water trauma; specific aspects of anatomical knowledge in the teaching of the various medical specialties and development of new forms of e-learning.

It is evident from the academic reference for covering scientometric indicators that for AD "Professor" Associate Professor Stavrev covers the mandatory minimum 200 points with 290. The citations also meet the regulatory requirements.

2. The publication activity of Associate Professor Stavrev for the entire creative period includes 8 books and monographs, 8 textbooks, 126 full-text articles in periodicals and collections of scientific forums. For the competition, Assoc. Prof. Stavrev presents 2 monographs, which were published after occupying AD "Assoc. Professor". The monograph "Adapting the activities of the Home Care Center in the disaster situation of the COVID-19 pandemic" is presented as a habilitation thesis. It comprehensively presents a modern and highly topical topic of integrated medical and social care for elderly, disabled people in a

2

crisis situation. In 134 pages, the author successfully presents the diverse aspects of the problem of maintaining good practice in home care in the disaster situation of the COVID-19 pandemic.

3. The significance of the scientific activity of Assoc. Prof. Dimitar Stavrev is in the disciplines "Medicine of disaster situations (marine medicine)", "History of medicine" and "Anatomy and histology". For his indisputable scientific-research and practical-applied contributions, he was awarded with honors and awards from SUB, MU-Varna, RU-Angel Kanchev, BLS, BRC, STD "Akademik".

III. Teaching and learning activity

Assoc. Prof. Stavrev's teaching activity since 1990 has been in the disciplines: since 1990 in anatomy, cytology, histology and general embryology; from 2008 in "Marine Medicine" for students majoring in Medicine, from 2020 in "Marine Medicine" for majors "Nurse and Midwife" and from 2020 in "Maritime Health, Medical Care of Marine Facilities and Coastal zones" for special health management and medical and social care. The hourly commitment meets the regulatory requirements.

IV. Practical activity

Assoc. Stavrev has high professional knowledge and experience, has a significant number of additional qualifications and skills, for which he presents relevant certificates and documents. He shows high professionalism and competence in his long-term work. He is dedicated and responsive to his students, patients and colleagues. Participated as a manager, trainer and researcher in two international, one national and three municipal projects.

Prof. Stavrev also develops significant social activities. He is a member of: Bulgarian Anatomical Society; Union of Scientists in Bulgaria - Varna Branch; Society of Water Rescue Specialists; The Bulgarian Association of Aviation, Marine and Space Medicine; Varna Society for the History of Medicine; Bulgarian Association of Hyperbaric Oxygenation; Bulgarian Scientific Society of Public Health.

V. Critical Notes and Recommendations

From the documents presented to me during the procedure, I was convinced that the presented monographs and scientific articles are the result of the candidate's independent, purposeful and in-depth research activity. During the careful reading of all materials on the

procedure, I did not find any signs of plagiarism or incorrect citation of foreign sources. I have no critical notes.

Conclusion

Based on the analysis of the overall scientific and teaching activity and its compliance with the RSARB, I have a "positive" opinion on the competition and the qualities of the candidate, Assoc. Prof. Dimitar Stavrev, MD. I believe that he is a built specialist, researcher, teacher and possesses professional qualities and academic potential to occupy the position of "Professor". In this regard: I propose to the Honorable Jury to award the academic position "Professor" in the field of higher education 7. Health care and sports, professional direction 7.1. Medicine; in the scientific specialty "Medicine of disaster situations (marine medicine)" for the needs of the department "Medicine of disaster situations and marine medicine" at the Medical University "Prof. Dr. Paraskev Stoyanov" of Associate Professor Dr. Dimitar Georgiev Stavrev, MD

29.08.2022 City of Varna THE STATEMENT WAS PREPARED: Prof. 1

Prof. Dr. Hristo Bozov, MD