

## STATEMENT

for the scientific works and the educational activity

of Senior Assistant Professor Dr. Tatiana Georgieva Radeva, Ph.D.

submitted for participation in a competition for an academic position "associate professor" in scientific field 3. Social, economic, and legal sciences,

professional direction

3.2. Psychology (Specialty Medical Psychology),

declared by MU "prof. Dr. Paraskev Stoyanov", Varna in State Gazette no. No. 54 of 23.06.2023 for the needs of the Second Clinic of Psychiatry at UMBAL "St. Marina" EAD, Faculty of Medicine, Department of "Psychiatry and Medical Psychology"

Developed by assoc. prof. Dr. Krasimir Ivanov, Ph.D. – VSU "Chernorizets Hrabar",

3.2. Psychology

### Contest details

The present opinion was prepared on the basis of documents submitted through a competition announced by the MU "prof. Dr. Paraskev Stoyanov", Varna in State Gazette no. No. 54 of 23.06.2023 for the needs of the Second Clinic of Psychiatry at UMBAL "St. Marina" JSC, Faculty of Medicine, Department of "Psychiatry and Medical Psychology". The documents submitted for the competition correspond to the requirements of the RASRB and the Regulations for the terms and conditions for occupying academic positions at the MU "prof.

Dr. Paraskev Stoyanov", Varna. The procedure for the competition has been correctly followed.

The only candidate under the announced competition for the academic position "associate professor", professional direction 3.2. Psychology (Medical Psychology Specialty) is senior assistant professor Dr. Tatyana Georgieva Radeva from the Medical University "Prof. Dr. Paraskev Stoyanov", Varna.

#### Data about the candidate

Tatyana Georgieva Radeva was born in 1975 in the city of Varna. In 2000, she obtained a master's degree from the Academy of Medical Sciences, majoring in Medicine at the Medical University of Prof. Ph.D. Paraskev Stoyanov", Varna with a subsequent Master's degree in "Applied Psychology" in 2008 at "Chernorizets Hrabar" University of Applied Sciences and "Doctor" in scientific specialty 3.2. "Medical Psychology" at MU-Varna "prof. Dr. Paraskev Stoyanov". In 2013, she acquired a specialty in Psychiatry. The acquired OCS "master" and ONS "doctor", as well as the subsequent specializations, are according to the profile of the current competition.

For the period from 2010 until 2015 the candidate works as: resident doctor, day hospital sector, First Psychiatric Clinic, UMBAL "St. Marina" EAD, city of Varna; 2015 to 2016 as the administrative manager of Day Care activity, Second Psychiatric Clinic, UMBAL "St. Marina" EAD, Varna; 2016 to 2019, respectively, as resident physician-day care activity and physician-assistant in the Second Psychiatric Clinic, UMBAL "St. Marina" EAD, Varna.

For participation in the competition senior assistant professor Tatyana Georgieva Radeva, assistant professor, PhD, presents a list of scientific works for participation in a competition, including 2 monographs, 1 textbook and 17 articles.

First, in quantitative terms in accordance with Art. 2b of ZRASRB, the publications of Dr. Tatiana Georgieva Radeva meet the legal requirements.

Secondly, in terms of the structural characteristics of the studies carried out, including:

Monographs - 2 independent works.

The first - "Dynamics of coping strategies in patients with depressive disorders" examines the experience of stress/distress, examining the interrelationship between patterns of coping strategies in the dynamics of the treatment process in depressive disorders.

In the second monograph "Diagnosis of mental and behavioral disorders in real practice", pages reflect the stages through which the diagnostic process in patients with mental disorders passes from a subjective point of view, through the eyes of the therapist. The two monographs are professionally compiled and are a sign of Radeva's personal commitment to the issues presented. As an additional publication, a textbook on "Psychiatry" for students and specialized doctors is presented, in which the author participates in five chapters with a volume of 45 pages.

The total number of articles presented for the competition is 17, which are both independent and co-authored and express her search for the respective set of issues. The articles examine modern trends and algorithms in the treatment of depressive disorders, as well as their personalized treatment; the terms alexithymia, schizophrenia are described; the breaking news algorithm; the effects of the COVID-19 pandemic on patients with schizophrenia; methods of treatment for sleep disorders, etc. The articles are in the subject of Dr. Radeva's scientific research and, accordingly, in the direction of the competition.

*The presented scientific production corresponds to the minimum national requirements under Art. 2b, paragraphs 2 and 3 of the ZRASRB and the*

*Regulations for the terms and conditions for holding academic positions at the MU "prof. Dr. Paraskev Stoyanov", Varna.*

The candidate's scientific contributions can be specified in several main areas as follows:

Methodology in the therapeutic approach in affective disorders including existing knowledge regarding the understanding that the therapeutic process in depression is largely influenced by both dysfunctional beliefs, patterns and schemas of behaviors, as well as the dynamics of internalized coping strategies to deal with problematic life situations. Specific cases of depressive disorder from real practice and their possibilities for therapeutic influence are presented.

A major contribution to medical psychology is the distinction and role of individual and group psychotherapeutic interventions in patients with depressive disorders. Phenomenology and psychopathological aspects and models for working with them are examined.

A significant contribution is the analysis of psychosocial factors and the severity of mental disorders, the acceptance of the disease and the establishment of therapeutic contact in debilitating diseases, the possibilities for psychoeducation of the patient's relatives and the specifics of communicating bad news.

I consider the presented works to be sufficient to satisfy the requirements for academic publications and at the same time, in terms of content, they fully fit into the context of the announced competition.

From the submitted curriculum vitae, certificate of teaching experience and reference for academic workload for the pedagogical activity of senior assistant professor Tatyana Georgieva Radeva, PhD, for the period from September 2019, it is clear that the candidate is involved in the training of students in the Master's College of Arts and Sciences with several disciplines.

The quantitative and qualitative parameters of the candidate's teaching work, based on the submitted references and documents, give reason to express a very good assessment of her professional level in terms of classroom and out-of-classroom employment.

### **Conclusion**

My personal impression of Ch. Dr. Tatiana Georgieva Radeva is that she is a wonderful doctor, an accomplished researcher and a well-established university teacher, skilfully combining the modern achievements of psychiatry and medical psychology in her accumulated professional experience. The unquestionable respect of colleagues and students is evidence of a high level of competence, research and therapeutic skills and is a great attestation of the teaching capabilities of Dr. Tatiana Radeva.

All this gives me a reason, on the basis of the materials and scientific works presented in the competition, an analysis of their significance and the scientific, scientific-applied and applied contributions contained in them, to give my **positive assessment and recommend** the Scientific Jury to award senior assistant professor Tatyana Georgieva Radeva,, Ph.D. the scientific title "associate professor" in a professional field 3.2. Psychology (Specialty Medical Psychology), field of higher education 3. Social, economic and legal sciences for the Department of Psychiatry and Medical Psychology, Faculty of Medicine - Varna University of Medical Sciences and Second Clinic of Psychiatry at UMBAL "St. Marina" EAD-Varna.

19.10.2023

Prepared the statement:.....

(Assoc. Ph.D. Krasimir Ivanov)