

To the Chairman of the Scientific Jury

Appointed by order of

Rector of Varna Medical University

№ P-109-118/22.03.2024

OPINION

By Assoc. Prof. Svetlin Varbanov Varbanov, MD, Ph.D.

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Member of the Scientific Jury for the Competition (State Gazette, Issue 07/23.01.2024) for the Academic Position of "Associate Professor" in the Field of Higher Education 7.

Healthcare and Sports, Professional Direction 7.1 Medicine, and Scientific Specialty "Psychiatry" for the Needs of the Department of "Psychiatry and Medical Psychology" at the Faculty of Medicine of the Medical University of Varna and the Third Psychiatric Clinic at the University Hospital "St. Marina" EAD, Varna.

By the decision of the Faculty Council of the Faculty of Medicine at the Medical University of Varna (Protocol № 18/11.03.2024) and Order № P-109-118/22.03.2024 of the Rector – Prof. Dr. D. Raikov, MD, I have been elected as a member of the scientific jury, and according to Protocol № 1 from its first meeting, I have been appointed to prepare an opinion on the procedure for obtaining the academic position of "Associate Professor" for the needs of the Department of "Psychiatry and Medical Psychology" at the Faculty of Medicine of the Medical University of Varna and the Third Psychiatric Clinic at the University Hospital "St. Marina" EAD, Varna.

The procedure for announcing the competition is in compliance with the legal requirements, and no procedural violations have been identified. Documents for the competition have been submitted by one candidate – Ch. Assistant Dr. Tatyana Ivanova Telbizova, MD, Ch. Assistant at the Department of Psychiatry and Medical Psychology at the Medical University of Varna. The information presented by the candidate meets the requirements of the Regulation for the Application of the Act on the Development of the Academic Staff in the Republic of Bulgaria and the Regulation for the Development of the Academic Staff at the Medical University of Varna.

1. Brief Biographical Data of the Candidate

Dr. Tatyana Ivanova Telbizova, MD, graduated from the Medical University of Varna, specialist in Medicine in 2001. After graduation, she worked as a medical representative. From 2011 to 2017, she served as a physician in the Fourth Psychiatric Clinic, and since 2017 she has been working in the Third Psychiatric Clinic of the University Hospital "St. Marina" EAD, Varna. From 2019 to 2023, she also worked as a psychiatrist in an outpatient medical center.

From 2019 to 2021, Dr. Telbizova was a doctoral student at the Department of Psychiatry and Medical Psychology at the Medical University of Varna, defending her dissertation in 2021 to obtain the PhD degree with the topic "Specificity and Dynamics of Pain Symptoms and Experiences in Patients with Depression." In 2017, she obtained a specialty in Forensic Psychiatry, and in 2019, a specialty in Psychiatry.

During the academic year 2018/19, Dr. Tatyana Telbizova was a part-time lecturer at the Department of Psychiatry and Medical Psychology at the Medical University of Varna. From 2019 to 2022, she served as an assistant in psychiatry, and since 2022, she has been a senior assistant in the same department.

2. Scientific Research Activity

For participation in the competition, Dr. Tatyana Telbizova has presented the following scientific output:

- Dissertation for obtaining the PhD degree – 1 piece
- Habilitation work – 1 piece ("Pain in the Context of Mental Disorders")
- Publications in journals and collections – 9 pieces

In her monograph "Pain in the Context of Mental Disorders," Dr. Telbizova thoroughly examines the mechanisms by which mental illness and pain influence each other, specific variations of pain resulting from particular psychopathological disorders, and the role of pain in the mental life of the patient. The submissions include both solo publications and co-authorship. Seven of the publications are in scientific journals indexed in world-renowned scientific databases, and two are in non-indexed journals. The deep work in the field of the relationship between chronic pain and psychiatric disorders is noteworthy.

The presented works by Dr. Telbizova, including 1 dissertation for obtaining the PhD degree, 1 habilitation work – monograph, 7 publications and reports published in scientific journals indexed in world-renowned databases, 2 publications and reports published in non-indexed journals with scientific review or published in edited collective volumes, and 6 citations in various publications, fully meet and exceed the required minimum criteria for obtaining the academic position of "Associate Professor."

3. Teaching Activity

Dr. Tatyana Telbizova has nearly 6 years of teaching experience at the Medical University of Varna, having advanced academically at the Department of Psychiatry and Medical Psychology of the Medical University as an assistant and senior assistant. She conducts practical classes in Psychiatry and Medical Psychology for both Bulgarian students and English-speaking students from various structures of the Medical University of Varna. Her teaching workload exceeds the norm set by the Academic Council of the Medical University of Varna, amounting to 231 academic hours for the academic year 2021/22.

4. Clinical and Diagnostic Activity

Dr. Telbizova has 13 years of medical experience in the Psychiatric Clinics of the University Hospital "St. Marina" EAD, Varna. She has accumulated rich clinical experience in working with hospitalized patients and in outpatient practice.

5. Conclusion

The presented data on the scientific, teaching, and clinical activities of Chief Assistant Dr. Tatyana Ivanova Telbizova, MD, unequivocally indicate that the candidate fully meets the requirements of the Act on the Development of the Academic Staff in the Republic of Bulgaria and its regulations, as well as the Regulations for the Development of the Academic Staff at the Medical University of Varna for obtaining the academic position of "Associate Professor."

I propose that the esteemed jury vote positively for the awarding of the academic position of "Associate Professor" in the specialty of "Psychiatry" to Dr. Tatyana Telbizova at the Department of Psychiatry and Medical Psychology at the Medical University of Varna.

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Prepared by

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