

СТАНОВИЩЕ

Reviewer: Prof. Petar Milchev Petrov MD, PhD
Department of Psychiatry and Medical Psychology to the Faculty of Medicine, Medical
University - Varna
Fourth Psychiatric clinic at University Hospital "St. Marina" Varna

Regarding: Competition for the academic position "Associate Professor" in the field of higher education 7. Medicine, scientific specialty "Psychiatry" one – 0.5 staff position for the Department of Psychiatry and Medical Psychology, Faculty of Medicine and 1 full-time position for the Third Psychiatric Clinic at the University Hospital "St. Marina" EAD – Varna in relation to an announcement published in the SG issue 7 of 23.01.2024.

According to: Order No P-109-118/ 22.03.2024 of the Rector of the Medical University – Varna, based on The Law on the Development of the Academic Staff in the Republic of Bulgaria, the regulations of Medical University – Varna and decision with Protocol No. 18/11.03.2024 of the Faculty Council of the Faculty of Medicine and Protocol No. 1/04.04.2024 from the first meeting of the scientific jury I was designated as a reviewer.

Candidate: Single candidate participates in the competition Chef Assistant Professor Dr. Tatyana Ivanova Telbizova, MD, PhD from the Department of Psychiatry and Medical Psychology, Medical University – Varna and the Third Psychiatric Clinic at the UMHAT "St. Marina" EAD – Varna.

I. Biographical data and professional development

Dr. Tatyana Ivanova Telbizova, was born in Varna on January 18, 1976. She graduated from Medicine in 2001 at the Medical University "Prof. Dr. Paraskev Stoyanov" - Varna. Over the next ten years, she worked in the pharmaceutical industry. She began specializing in forensic psychiatry in 2011 and in 2012 was appointed as a resident physician initially at the Fourth Psychiatric Clinic of the UMHAT "St. Marina" - Varna, and in 2015 was reassigned to the Third Psychiatric Clinic. She acquired a specialty in forensic psychiatry in 2017 and in psychiatry in 2019. Dr. Telbizova has four years of experience (2019-2023) in private outpatient practice at the Medical Center "Yanev" in Varna. In 2021, she defended a dissertation on the topic "Specifics and dynamics of pain symptoms and experiences in patients with depression".

II. Academic Development and Teaching activity

2018-2019 Honorary Assistant Professor in Medical University Varna – Dept. Psychiatry and Medical Psychology
2019-2022 Assistant Professor in Medical University Varna – Dept. Psychiatry and Medical Psychology
2022 and cont. Chief Assistant Professor in Medical University Varna – Dept. Psychiatry and Medical Psychology

During all these years Chief Assistant Professor Tatyana Telbizova taught psychiatry and medical psychology to Bulgarian-speaking students and medical psychology to English-speaking students. His academic load exceeds the requirements according to regulations.

III. Membership in Organizations

Dr. Tatyana Ivanova Telbizova is member of Bulgarian Medical Association and Bulgarian Psychiatric Association.

IV. Quantitative scientific indicators and Scientific activity

Dr. Tatyana Ivanova Telbizova presents a report on the implementation of the minimum national requirements and the requirements of the regulations of the Medical University - Varna, prepared in the Library of the MU - Varna, in accordance with the Regulations for the implementation of the law on the development of the academic staff in the Republic of Bulgaria and the Regulations for the development of the academic staff of the Medical University - Varna. According to the presented reference, Dr. Tatyana Ivanova Telbizova PhD, meets the requirements to take the academic position "Associate Professor".

Indicators	Points required	Points presented by the Candidate
A	50	50 p
C	100	100 p
D	200	235 p
E	50	55 p

Tab 1. Compliance with the scientometric requirements of the MU - Varna for occupying the academic position of Associate Professor according to the presented academic reference of the library at the MU - Varna.

The total number of scientific works of Dr. Tatyana Ivanova Telbizova PhD from the report submitted includes:

- ☐ Abstract of PhD dissertation
- ☐ Monography work – 1
- ☐ Full-text scientific publications - 7
- ☐ Publications in Bulgarian scientific journals with scientific review – 2
- ☐ Abstracts at international and national scientific forums - 14

- ☐ Number of citations reflecting scientific activity – 6 in the report submitted.

From the Full-text scientific publications – 7 are in English.

In the presented scientific works Dr. Tatyana Ivanova Telbizova PhD is the first author of 9 publications in journals.

All works of Dr. Tatyana Telbizova PhD are in the scientific fields – Psychiatry.

In general, the scientific directions of the published scientific works are in the fields of:

- ☐ Psychiatric aspects of pain
- ☐ Phenomenological aspects of pain
- ☐ Relationships between depression and chronic pain
- ☐ Exogenous psychoses

1. Psychiatric aspects of pain

In this section, the author presents the monograph "Pain in the context of mental disorders". The author presents the two-way relationships between the phenomenon of pain (acute and chronic) and mental disorders, as well as the specifics in the diagnosis and treatment of pain in more common mental disorders. The mechanisms by which mental disorders and pain affect each other, the specific variations of pain resulting from specific psychopathological disturbances and the role of pain in the patient's mental life are explained in depth. These data are combined with clinical cases, the author's own observations and research. The need to apply a multidisciplinary approach that allows personalized pain management in patients with mental disorders is emphasized.

2. Phenomenological aspects of pain

In this section, the author presents 4 scientific publications. The included research contains own data, in which a model for the study of patients with chronic pain and depression, combining qualitative and quantitative methods, is presented. The analysis of data from quantitative methods searches for the explanation of the dynamics of chronic pain experience. The presented model allows for conceptualization and operationalization of pain-related experiences in the direction of their decomposition to a lower hierarchical level for description and analysis. The analysis of the role of situational factors in the formation of chronic pain experience in patients with depression emphasizes the need to conduct cognitive-behavioral psychotherapy to develop adaptive strategies for coping with pain.

3. Relationships between depression and chronic pain

In this section, the author presents 3 scientific publications, addressing the relationship between depression and chronic pain. Data from studies investigating the correlations between pain intensity, anxiety, and depression are presented, as well as the impact of depression and anxiety on pain intensity. Evidence is provided supporting the need for systematic identification of symptoms of depression and their treatment before the formation of suicidal risk.

4. Exogenous psychoses

In this section, the author presents 2 scientific publications - clinical cases illustrating causal links between manifest psychopathological symptoms and exogenous causes. A systematic analysis of data from studies on risk factors for the development of affective and psychotic disorders during treatment with synthetic corticosteroids has been conducted, along with the principles of their treatment. Less common catatonic symptoms in Cushing's syndrome, corresponding to the severity of hormonal imbalance, as well as its resistance to antipsychotic's treatment is described.

The academic reference includes one full-text article beyond the minimum scientometric requirements, providing a review and critical analysis of the literature addressing the topic of psychological and phenomenological aspects of pain as a threat. Emotional and cognitive components of the threat of pain have been examined, factors that are subject to management aiming to reduce the risk of chronic pain development.

V. Qualification

The candidate has participated in courses, trainings, and seminars on various issues in the field of psychiatry, as well as wide spectrum of other trainings – language, hypnosis, traditional Chinese medicine etc.

VI. Conclusion

Dr. Tatyana Ivanova Telbizova, PhD is a teacher, clinician, and researcher. Its indicators for research, teaching and clinical activities meet the requirements of the recommended criteria of the Regulations for the Implementation of the Act on the Development of Academic Staff in the Republic of Bulgaria and the Regulations for the Development of the Academic Staff of the Medical University – Varna.

In conclusion, I give a positive opinion and propose to the other members of the scientific jury to vote positively for awarding the academic position "Associate Professor" to Dr. Tatyana Ivanova Telbizova, PhD, in the field of higher education 7. "Health and Sports", professional direction 7.1. "Medicine", in the scientific specialty "Psychiatry", for the needs of the Department of "Psychiatry and Medical Psychology", Faculty of Medicine of the Medical University - Varna and the Third Psychiatric Clinic at University Hospital "St. Marina" - Varna.

21.May.2024 г.
Varna

Prof. Petar Petrov MD, PhD

Заличено на основание чл. 5,
§1, б. „В“ от Регламент (ЕС)
2016/679