

To the Chairman of the Scientific Jury

Appointed by Order No. P-109-201/16.04.2025

Of the Rector of the Medical University – Varna

by

Prof. Zhasmina Mihaylova Milanova, MD, PhD

Head of the Clinic of Medical Oncology, Military Medical Academy MHAT – Sofia

Regarding: Competition for the academic position “Associate Professor” in the scientific specialty “Oncology” – one position, 0.5 FTE for the Department of Oncology, Faculty of Medicine at MU-Varna, and 1 FTE for the Clinic of Medical Oncology at University Hospital St. Marina EAD.

Details of the Procedure:

The competition for the academic position “Associate Professor” in the scientific specialty “Oncology” – one position, 0.5 FTE for the Department of Oncology, Faculty of Medicine at MU-Varna, and 1 FTE for the Clinic of Medical Oncology at University Hospital St. Marina EAD – was announced in State Gazette No. 15/21.02.2025. By decision of the Faculty Council and an order of the Rector of MU-Varna, I was appointed as an external member of the Scientific Jury. At the first meeting of the Jury held on 28.04.2025, I was assigned to prepare this review. Only one candidate has applied – Chief Assistant Dragomir Svetozarov Stoyanov, MD, PhD. I received all materials necessary to prepare this review, which complies with the Law on the Development of the Academic Staff in the Republic

of Bulgaria (LDASRB), its regulations, and the Academic Staff Development Regulations (ASDR) of the Medical University – Varna.

Biographical Information on the Candidate:

Dragomir Svetozarov Stoyanov, MD, PhD was born on May 13, 1992, in Varna. He graduated from Dr. Petar Beron High School of Mathematics in Varna in 2011. He obtained his Master's degree in Medicine from MU-Varna in 2017.

His professional development began in 2017 as a resident in medical oncology at the Clinic of Medical Oncology of University Hospital St. Marina – Varna. In 2022, he obtained a specialty in Medical Oncology and has since worked as a medical specialist in the same institution.

Dr. Stoyanov's academic career began in 2018 as an assistant initially at the Department of Propaedeutics of Internal Diseases at MU-Varna and later at the Department of Oncology. In 2020, he earned his PhD after successfully defending a dissertation titled "The Relationship Between Distress and the Time Perception in Cancer Patients", and since then has worked as a chief assistant at the Department of Oncology.

Scientific Output:

According to the Academic Reference prepared by the MU-Varna Library (No. 61/24.02.2025), the candidate presents:

- PhD dissertation (Indicator A1) – 1 item, titled "The Relationship Between Distress and the Time Perception in Cancer Patients" – **50 points**
- Monograph (Indicator B3) – 1 item, titled "Palliative Care for Cancer Patients", 260 pages – **100 points**

(Indicator Γ7) – 7 items – **64.7 points**

n

c

– 6 items – **90 points**

(Indicator Γ8) – 13 items – **136.68 points**

- Impact factor of the journals in which the candidate has publications – sum of IF =

Out of the 16 actual scientific publications, Dr. Dragomir Stoyanov is a:

- Sole author – 1 (6.25%)
- First author – 4 (25%)
- Second author – 6 (37.5%)
- Third or subsequent author – 5 (31.25%)

The presented scientific output and scientometric indicators meet the requirements of the LDASRB and MU-Varna's ASDR for appointment to the position of Associate Professor.

Evaluation of Main Research Directions and Contributions:

The candidate's contributions can be grouped into several main directions:

istress in Cancer Patients – (Indicator A from the Academic Reference)

In his dissertation for acquisition of PhD, the candidate proves for the first time on a global scale a relationship between the levels of distress in cancer patients, measured by the NCCN Distress Thermometer, and the perception of time, assessed by a prospective test for determining a one-minute time interval. For the first time, a prospective test for assessing the subjective perception of time is proposed as an ultra-short screening test for distress in cancer patients. For the first time, a large-scale study of the level of distress in cancer patients with solid tumors is conducted in Bulgaria.

– (Indicator B3 from the Academic Reference)

P

Indicators I7.1 and I7.5 from the Academic Reference)

D

Indicators I7.2 and I7.7. from the Academic Reference)

u

i

d

e

l

i

Indicators Γ7.3 and Γ7.6 from the Academic Reference)

Indicators Γ8.1, Γ8.2, Γ8.4, Γ8.6 from the Academic Reference)

The candidate presents developments on the processes of autophagy and apoptosis, examines side effects of applied systemic antitumor therapy and developments related to biomarkers and liquid biopsies.

Indicators Γ7.4, Γ8.3, Γ8.5, Γ8.7, Γ8.8, Γ8.9, Γ8.10, Γ8.11, Γ8.12, Γ8.13 from the A

Evaluation of Teaching Activity:

^a
Dr. Stoyanov's teaching activity includes practical seminars and lectures in Propaedeutics
^d
of Internal Diseases – 3rd-year medical students (English program) and Oncology – 5th-
^e
year medical students (English and Bulgarian programs). He is predominantly involved in
^m
teaching students in the English language program. Participates in semester exams in
ⁱ
Oncology.
^c

Teaching Activity (2019–2024):

^R Academic ^e year ^f	Lectures (BG)	Lectures (EN)	Seminars (BG)	Seminars (EN)	Total hours
2019/2020	0	0	0	158	158
^r 2020/2021 ^e	0	0	0	158	158
2021/2022	0	0	0	322	322
^c 2022/2023 ^e	2	4	0	246	252
2023/2024	4	4	26	192	226

The teaching activity meets regulatory standards and is sufficient for consideration for the Associate Professor position.

Conclusion:

Based on the fulfillment of national minimum requirements as per the Law on the Development of the Academic Staff in the Republic of Bulgaria, its regulations, and the Academic Staff Development Regulations of the Medical University – Varna, and the detailed assessment of the candidate's professional biography, scientific output, scientometric indicators, and teaching activities, I give a **positive evaluation** of Chief Assistant Dragomir Svetozarov Stoyanov, MD, PhD. I recommend that the members of the Scientific Jury vote in favor of his appointment to the academic position of "Associate Professor."

Reviewer: 

Prof. Zhasmina Mihaylova Milanova, MD, PhD/

To the Chairman of the Scientific Jury

Appointed by Order No. P-109-201/16.04.2025

Of the Rector of the Medical University – Varna

by

Prof. Zhasmina Mihaylova Milanova, MD, PhD

Head of the Clinic of Medical Oncology, Military Medical Academy MHAT – Sofia

Regarding: Competition for the academic position “Associate Professor” in the scientific specialty “Oncology” – one position, 0.5 FTE for the Department of Oncology, Faculty of Medicine at MU-Varna, and 1 FTE for the Clinic of Medical Oncology at University Hospital St. Marina EAD.

Details of the Procedure:

The competition for the academic position “Associate Professor” in the scientific specialty “Oncology” – one position, 0.5 FTE for the Department of Oncology, Faculty of Medicine at MU-Varna, and 1 FTE for the Clinic of Medical Oncology at University Hospital St. Marina EAD – was announced in State Gazette No. 15/21.02.2025. By decision of the Faculty Council and an order of the Rector of MU-Varna, I was appointed as an external member of the Scientific Jury. At the first meeting of the Jury held on 28.04.2025, I was assigned to prepare this review. Only one candidate has applied – Chief Assistant Dragomir Svetozarov Stoyanov, MD, PhD. I received all materials necessary to prepare this review, which complies with the Law on the Development of the Academic Staff in the Republic

of Bulgaria (LDASRB), its regulations, and the Academic Staff Development Regulations (ASDR) of the Medical University – Varna.

Biographical Information on the Candidate:

Dragomir Svetoazarov Stoyanov, MD, PhD was born on May 13, 1992, in Varna. He graduated from Dr. Petar Beron High School of Mathematics in Varna in 2011. He obtained his Master's degree in Medicine from MU-Varna in 2017.

His professional development began in 2017 as a resident in medical oncology at the Clinic of Medical Oncology of University Hospital St. Marina – Varna. In 2022, he obtained a specialty in Medical Oncology and has since worked as a medical specialist in the same institution.

Dr. Stoyanov's academic career began in 2018 as an assistant initially at the Department of Propaedeutics of Internal Diseases at MU-Varna and later at the Department of Oncology. In 2020, he earned his PhD after successfully defending a dissertation titled "The Relationship Between Distress and the Time Perception in Cancer Patients", and since then has worked as a chief assistant at the Department of Oncology.

Scientific Output:

According to the Academic Reference prepared by the MU-Varna Library (No. 61/24.02.2025), the candidate presents:

- PhD dissertation (Indicator A1) – 1 item, titled "The Relationship Between Distress and the Time Perception in Cancer Patients" – **50 points**
- Monograph (Indicator B3) – 1 item, titled "Palliative Care for Cancer Patients", 260 pages – **100 points**

(Indicator Γ7) – 7 items – **64.7 points**

n

c

– 6 items – **90 points**

(Indicator Γ8) – 13 items – **136.68 points**

- Impact factor of the journals in which the candidate has publications – sum of **IF** =

Out of the 16 actual scientific publications, Dr. Dragomir Stoyanov is a:

- Sole author – 1 (6.25%)
- First author – 4 (25%)
- Second author – 6 (37.5%)
- Third or subsequent author – 5 (31.25%)

The presented scientific output and scientometric indicators meet the requirements of the LDASRB and MU-Varna's ASDR for appointment to the position of Associate Professor.

Evaluation of Main Research Directions and Contributions:

The candidate's contributions can be grouped into several main directions:

istress in Cancer Patients – (Indicator A from the Academic Reference)

In his dissertation for acquisition of PhD, the candidate proves for the first time on a global scale a relationship between the levels of distress in cancer patients, measured by the NCCN Distress Thermometer, and the perception of time, assessed by a prospective test for determining a one-minute time interval. For the first time, a prospective test for assessing the subjective perception of time is proposed as an ultra-short screening test for distress in cancer patients. For the first time, a large-scale study of the level of distress in cancer patients with solid tumors is conducted in Bulgaria.

– (Indicator B3 from the Academic Reference)

P

Indicators I7.1 and I7.5 from the Academic Reference)

D

Indicators I7.2 and I7.7. from the Academic Reference)

u

i

d

e

l

i

Indicators Γ7.3 and Γ7.6 from the Academic Reference)

Indicators Γ8.1, Γ8.2, Γ8.4, Γ8.6 from the Academic Reference)

The candidate presents developments on the processes of autophagy and apoptosis, examines side effects of applied systemic antitumor therapy and developments related to biomarkers and liquid biopsies.

Indicators Γ7.4, Γ8.3, Γ8.5, Γ8.7, Γ8.8, Γ8.9, Γ8.10, Γ8.11, Γ8.12, Γ8.13 from the A

Evaluation of Teaching Activity:

^a
Dr. Stoyanov's teaching activity includes practical seminars and lectures in Propaedeutics
^d
of Internal Diseases – 3rd-year medical students (English program) and Oncology – 5th-
^e
year medical students (English and Bulgarian programs). He is predominantly involved in
^m
teaching students in the English language program. Participates in semester exams in
ⁱ
Oncology.
^c

Teaching Activity (2019–2024):

^R Academic ^e year ^f	Lectures (BG)	Lectures (EN)	Seminars (BG)	Seminars (EN)	Total hours
2019/ 2020	0	0	0	158	158
^r 2020/ 2021 ^e	0	0	0	158	158
2021/ 2022	0	0	0	322	322
^c 2022/ 2023 ^e	2	4	0	246	252
2023/2024	4	4	26	192	226

The teaching activity meets regulatory standards and is sufficient for consideration for the Associate Professor position.

Conclusion:

Based on the fulfillment of national minimum requirements as per the Law on the Development of the Academic Staff in the Republic of Bulgaria, its regulations, and the Academic Staff Development Regulations of the Medical University – Varna, and the detailed assessment of the candidate's professional biography, scientific output, scientometric indicators, and teaching activities, I give a **positive evaluation** of Chief Assistant Dragomir Svetozarov Stoyanov, MD, PhD. I recommend that the members of the Scientific Jury vote in favor of his appointment to the academic position of "Associate Professor."

Reviewer: .

Заличено на основание чл. 5,
§1, б. „В“ от Регламент (ЕС)
2016/679

Prof. Zhasmina Mihaylova Milanova, MD, PhD/