

**TO THE CHAIRPERSON OF THE ACADEMIC COMMITTEE  
AT THE MEDICAL UNIVERSITY  
“PROF. DR. PARASKEV STOYANOV” – VARNA**

**OPINION**

by

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**Medical University “Prof. Dr. Paraskev Stoyanov” – Varna**

***Subject: Competition for the academic position of Associate Professor in the field of higher education 7. Health and Sports, professional field 7.1. Medicine, in the specialty "Pediatric Surgery", for the Department of General and Operative Surgery, Faculty of Medicine, and for the First Department of Surgery at University Hospital “St. Marina” EAD; announced in State Gazette issue 15 of 21.02.2025, pursuant to Order No. R-109-197/16.04.2025 of Prof. Dr. Dimitar Raykov, MD, PhD – Rector of the Medical University “Prof. Dr. Paraskev Stoyanov” – Varna.***

The competition has a single applicant – Dr. Petar Stamov, PhD, who meets all the necessary requirements for applying for the academic position of Associate Professor, as outlined in the Rules for Academic Development of the Medical University “Prof. Dr. Paraskev Stoyanov” – Varna.

## **BRIEF BIOGRAPHICAL AND PROFESSIONAL DATA OF THE CANDIDATE**

Dr. Petar Stamov was born in the city of Tetovo, North Macedonia, on January 10, 1983. He completed his secondary education in 2001 with a specialization in Dental Technology. He graduated with a degree in Medicine from the Medical University of Varna in 2007. In 2008, he began his specialization in Pediatric Surgery after successfully passing a competitive examination at “St. Anna” University Hospital – Varna. In 2015, he acquired the medical specialty in Pediatric Surgery. In 2021, Dr. Stamov was enrolled as a PhD candidate (independent form) at the Pediatric Surgery Clinic of the University Emergency Hospital “N.I. Pirogov” – Sofia. Since 2022, he has been part of the team at the First Department of Surgery and the Pediatric Surgery Unit at “St. Marina” University Hospital – Varna. In 2023, after a competitive procedure, he was appointed as an Assistant Professor at the Department of General and Operative Surgery at the Medical University – Varna. In 2024, he successfully defended his dissertation entitled “A Method for Temporary Decompression of the Gastrointestinal Tract through the Formation of an Enterostomy with a T-shaped Drain in Neonates with Low and Extremely Low Birth Weight”, under the supervision of Prof. Dr. Hristo Shivachev, and was awarded the educational and scientific degree of Doctor (PhD). In 2025, he published a monograph entitled “Modern Approaches in Pediatric Endoscopy”. The habilitation work is written in accordance with contemporary academic standards and meets all scientometric criteria specified in the Academic Staff Development Regulations of the Medical University – Varna.

Dr. Stamov’s postgraduate qualifications include a series of practical courses and training programs:

- Diagnostic Video Esophagogastroduodenoscopy and Videocolonoscopy;
- Therapeutic Video Esophagogastroduodenoscopy and Videocolonoscopy;
- Conventional Abdominal Ultrasound in Gastroenterology and Superficial Structures;
- Transanal Endoscopic Microsurgery;
- Training Course in Minimally Invasive Surgery (Laparoscopic Surgery).

## **Memberships**

Dr. Stamov is a member of several professional organizations, including the Bulgarian Medical Association, the Scientific Society of Pediatric Surgery, the Bulgarian Society of Pediatric Gastroenterology, Hepatology and Nutrition, and the Bulgarian Pediatric Association.

The candidate has submitted the following for the competition:

- A doctoral dissertation entitled "Method for Temporary Decompression of the Gastrointestinal Tract by Forming an Enterostomy with a T-Shaped Drain in Newborns with Low and Extremely Low Birth Weight" for the acquisition of the educational and scientific degree "Doctor";
- A habilitation thesis – a monograph titled "Contemporary Approaches in Pediatric Endoscopy", published in 2025 (ISBN 978-619-221-546-0);
- Eleven publications, of which two are in journals with Impact Factor (IF), two in peer-reviewed and indexed journals, and seven in non-indexed journals, providing a total of 202 points against a minimum required score of 200 points. The authorship contributions of Dr. Petar Stamov are as follows: sole and first author – 12 publications (92.3%), second co-author – 1 publication (7.7%);
- The candidate also presents one full-text publication in scientific journals and proceedings, exceeding the minimum scientometric requirements for occupying the academic position of Associate Professor, which yields 15 points.

Dr. Petar Stamov's scientific output covers the period from 2019 to 2025 and addresses a broad thematic range focused on pediatric surgery, gastrointestinal diseases, minimally invasive procedures, as well as the prevention and treatment of various surgical conditions.

## **CITATION IMPACT:**

The citations reflecting the scientific activity of the candidate for the position of Associate Professor are reported by the Medical Library of Medical University – Varna (indicator D 10-12 – with a provided list of citations of Dr. Petar Stamov's works) and amount to 4 citations / 60 points.

Dr. Petar Stamov's research activity is a direct result of his clinical and therapeutic-diagnostic work as a pediatric surgeon.

Dr. Stamov's scientific works present defined theoretical and applied contributions in several thematic areas:

1. *Surgical interventions in neonatal and early childhood age*
2. *Abdominal surgery and therapeutic approaches to inflammatory diseases*
3. *Minimally invasive procedures and surgical innovations*
4. *The impact of COVID-19 on surgical practice*

The focus is placed on the diagnosis and treatment of emergency and congenital surgical diseases in children. Emphasis is given to the continuous improvement of surgical methods and the pursuit of better long-term outcomes. Some publications address topics within abdominal surgery, including inflammatory diseases, comparing operative and conservative approaches. Significant attention is also devoted to the use of minimally invasive techniques and innovative surgical solutions aimed at accelerating the recovery process and improving overall treatment outcomes. Additionally, several studies explore the impact of the COVID-19 pandemic on surgical practice, including changes in the volume of performed surgeries and the challenges related to the organization of surgical care and access to treatment during a health crisis.

### **TEACHING ACTIVITIES:**

Dr. Petar Stamov's teaching activities began in 2023, following a competitive selection process, when he was appointed to the academic position of "Assistant" at the Department of General and Operative Surgery, Medical University – Varna. His teaching responsibilities include conducting practical exercises in "General and Operative Surgery" and "Surgical Diseases" for medical students enrolled in both Bulgarian- and English-language programs. Additionally, he provides training for interns and residents and participates in examination committees. Dr. Stamov's total teaching workload over the past two academic years amounts to 332 hours.

### **CONCLUSION**

The professional qualifications, research activity, and teaching performance of Dr. Petar Stamov fully meet the requirements set forth in the Regulations on the

Conditions and Procedure for Obtaining Scientific Degrees and for Occupying the Academic Position of “Associate Professor” at the Medical University “Prof. Dr. Paraskev Stoyanov” – Varna. His publications, submitted for the competition, comply with the quantitative criteria required for this academic position.

I hereby declare my positive vote for the appointment of Dr. Petar Stamov, M.D., to the academic position of “Associate Professor” in the scientific specialty of “Pediatric Surgery” at the Medical University “Prof. Dr. Paraskev Stoyanov” – Varna, serving the needs of the Department of General and Operative Surgery at the Faculty of Medicine and the First Clinic of Surgery at UMHAT “St. Marina” EAD.

June 22, 2025

Prof. Dr. Nikola Kolev, D.M.Sc.

Varna

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