

# OPINION

**By Assoc. Prof. Dr. Aleksandar Kamenov Zlatarov,  
MD PhD,**

**ASSOCIATE PROFESSOR AT THE DEPARTMENT OF GENERAL AND  
OPERATIVE SURGERY**

**MEDICAL UNIVERSITY "PROF. DR. PARASKEV STOYANOV" – VARNA**

## REGARDING:

A competition announced in State Gazette issue 102/28.11.2025, in accordance with report ref. No. 102-54/09.01.2026 by Prof. Dr. Nikola Yordanov Kolev, MD, DSc – Head of the Department of "General and Operative Surgery" and decision under protocol No. 52/12.01.2026 of the Faculty Council of the Faculty of "Medicine" for holding the academic position of "Associate Professor" in the field of higher education 7. "Healthcare and Sports", professional field 7.1. "Medicine" and scientific specialty "Surgery" for the needs of the Department of "General and Operative Surgery" at the Faculty of Medicine of MU – Varna and the First Clinic of Surgery at UMHAT "St. Marina" – Varna.

Only one candidate participates in the competition – Chief Assistant Dr. Turgay Turgay Kalinov, MD, PhD, who fulfills all necessary requirements for participation in a competition for the academic position of "Associate Professor", listed in the Regulations for Academic Development of the Medical University "Prof. Dr. Paraskev Stoyanov" – Varna.

Dr. Turgay Kalinov, MD, PhD was born on 16.01.1992 in the town of Nikopol. He graduated from the Medical University "Prof. Dr. P. Stoyanov" – Varna in 2017. He acquired a specialty in "Surgery" in 2022. He has 9 years of medical experience.

The academic development of the candidate began in 2018 as a full-time PhD student at the Department of "General and Operative Surgery", specialty "Surgery". Since 2020 he has held the position of full-time assistant, and since 2023 Chief Assistant in the specialty "Surgery", Department of "General and Operative Surgery" at the Medical University – Varna. He successfully defended a dissertation thesis on the topic "Significance of simulators with virtual reality in training in laparoscopic and robotic surgery" and obtained the educational and scientific degree "Doctor" in 2022.

His professional development started as a resident in "Surgery" at the First Clinic of Surgery – UMHAT "St. Marina" – Varna in 2017. He acquired a specialty in "Surgery" in 2022.

He has completed numerous continuing specializations in Bulgaria and abroad in leading medical institutions.

He is fluent in English and Turkish.

For the competition, one monographic work and 16 actual publications in foreign and Bulgarian proceedings and journals are presented. In 2025 he published a monographic work on the topic "Comprehensive contemporary approach in the diagnosis and treatment of pancreatic carcinoma" in a circulation of 200 copies, which received high evaluation from respected specialists at national level. The habilitation work is written according to contemporary requirements and meets all scientometric criteria mentioned in the Regulations for Academic Development of the Medical University - Varna. It presents a summary of accumulated clinical experience and contemporary scientific trends, combining surgical technique, systemic therapy and imaging diagnostics into a unified therapeutic model. It makes a significant contribution to standardizing the management of pancreatic cancer at national level and proposes a scientifically grounded model of personalized surgery adapted to the Bulgarian clinical reality.

The presented list of publications demonstrates a broad thematic scope and a multidisciplinary approach in the treatment of diseases. The individual impact factor is 11.7.

Dr. T. Kalinov, MD, PhD has 8 years of teaching experience, characterized by intensive workload. An important feature is his communicative skills in English with foreign students, whose number at MU-Varna is constantly increasing. His teaching activity fully meets the requirements for the position held.

#### CONCLUSION:

The scientific activity and professional experience of Dr. Turgay Kalinov, MD, PhD meet the requirements for acquiring the academic position of "Associate Professor" defined in the Regulations for the Development of the Academic Staff at the Medical University "Prof. Dr. P. Stoyanov" - Varna.

I consider that Dr. Turgay Kalinov, MD, PhD meets the academic and scientometric criteria for holding the academic position of "Associate Professor" at the Medical University - Varna.

Varna

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Assoc. Prof. Dr. Aleksandar Zlatanov, MD/PhD

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