STATEMENT

by Prof. Silviya Borisova Dimitrova, PhD, DSc Head of Department of Health Care Faculty of Public Health

Medical University "Prof. Dr. Paraskev Stoyanov", Varna Member of the Scientific Jury pursuant to Order № P – 109 - 177 from 03.06.2020 of the Rector of Medical University of Varna

Regarding: Competition for acquiring an academic position **"Associate Professor"** in the field of higher education 7. Health and Sports, professional field 7.4. Public Health, of specialty Public health management, for the needs of the Training sector "Rehabilitator", Medical college – Varna, publishedin the State Gazette, issue 8/28.01.2020.

I. Resume of the candidate's career development

Nikolay Svetoslavov Nedev, PhD in 2005 acquired a Bachelor's Degree, professional qualification "Kinesitherapy" at "Angel Kanchev" University of Ruse, and later upgraded a Master Degree in the same specialty at National Sports Academy "Vassil Levski", Sofia (2018). Upgraded a Master's Degrees in specialty "Health Care Management " (2007) and in specialty "Rehabilitation, thalassotherapy, wellness and SPA " (2016) at Medical University – Varna.

After successfully defending her dissertation on the topic "Rehabilitation care and quality of life patients who experienced stroke " in 2018, he acquired the Educational and scientific degree "Doctor" in the specialty " Public health Management".

The candidate's professional development and experience of Nikolay Nedev, PhD, began in 2009 as an assistant at the Training sector "Rehabilitator", Medical college – Varna.

Since 2013 he has been working as a coordinator and manager of Training sector "Rehabilitator", Medical college – Varna, and since 2015 he is a Deputy Director at Medical college – Varna.

II. General description of the submitted materials

The candidate has submitted all the necessary documents for the competition for acquiring an academic position "Associate Professor" in the field of higher education 7. Health and Sports, professional field 7.4. Public Health, of specific specialty "Public health Management", stipulated in the Law for the development of the academic staff in the Republic of Bulgaria, the Rules for its implementation and the Rules of the Medical University of Varna. The documents submitted by the candidate include: CV; copies of diplomas for the respective specialties and the doctoral degree; summaries of scientific works for the competition; a list of publications and a copy of them; reference from the University Library of a Medical University – Varna for citations included in the data bases Web of Science, Scopus, Google Scholar μ eLibrary.ru; list of habilitated co-authors and other documents certifying the indicators, according to the regulation for acquiring an academic position "Associate Professor" at the Medical University – Varna.

III. Evaluation of the scientific works of the candidates for the entire academic development

Nikolay Svetoslavov Nedev, PhD participated in this competition, presented scientific production in a list of **19 titles.** 14 full-text scientific papers proving the fulfillment of the minimum requirements for occupation of the academic position of "Associate Professor" distributed **scientometric aspect** as follows:

- dissertation 1;
- monograph-1,
- publications and reports in scientific journals, referred and indexed in world databases – 1;
- publications and reports published in non-refereed scientific journals with scientific peer review or published in edited collective volumes 12;
- publications and reports linked to dissertation 4.

The scientific and applied contributions of Nikolay Nedev, PhD are focused on the following main areas: Student training; Rehabilitation care in various clinical aspects, etc.

In the presented reference original scientific contributions cover scientific issues, purposed for current and significant problems in the area of the public health and the health care and meet the requirements of the competition.

The studies of the rehabilitation care in the recovery patients of stroke survivors.

Based on the publications approaches and opportunities are rehabilitation care provided at home and application of methods and means of physiotherapy (kinesitherapy) rehabilitation in patients who have experienced stroke

In the presented the effects of respiratory physiotherapy, as underline the early involvement of physiotherapy in the provision of the necessary care is essential in order to provide another opportunity in a timely manner to support the rapid recovery of the patient and reduce the risk of complications and disability. Innovative approaches in teaching enhance student interest and demand for additional information. The results of the implementation of interactive learning strategies for increasing the competencies of students have been studied and proven.

The scientific publications of Nikolay Nedev, Ph Journal of Varna Medical College D are in Journal of IMAB, Journal Varna Medical Forum.

Nikolay Nedev, PhD has participated in conferences and scientific sessions on important topics related to public health.

IV. Evaluation of the monograph submitted for the competition

Nikolay Nedev's monograph "Rehabilitation care and quality of life patients who experienced stroke" treat the increase of care needs and the search for innovative solutions to meet them of respiratory health problems. The role of kinesitherapy in the complex care of patients with respiratory diseases is highlighted. The need to develop multidisciplinary rehabilitation teams providing integrated care for patients with respiratory diseases is justified, which gives them a better chance of solving many of their health problems and improving their quality of life.

V. Citation of candidates' publications in national literature

The data from the academic reference by the library to Medical University, based on the information of the candidate and from the data base Web of Science, Scopus, Google Scholar и eLibrary.ru. reveal 10 citations.

VI. Comprehensive, qualitative assessment of the teaching-methodological and teaching activities, incl. administrative activity.

Nikolay Nedev has more then 10 years teaching experience in Medical college – Varna. His teaching topics are profiling courses from the curriculum of the Rehabilitator program.

In the last five years Nikolay Nedev has a high average annual academic load is 289 hours, which exceeds the requirements.

The professional activity of Nikolay Nedev, PhD is characterized by intensive administrative activity, as Deputy Director at Medical college – Varna.

VII. Recommendation

Nikolay Svetoslavov Nedev, PhD has sufficient professional experience and for the future I recommend publishing results from scientific research in a wider range scientific journals, as well as in editions with impact factor.

VIII. Conclusion

Based on the positive assessment and the analysis of the whole scientific and pedagogical work, along with the criteria of the Act for the Development of Academic Staff in Bulgaria and the Rules of the Medical University of Varna, Nikolay Svetoslavov Nedev, PhD, shows that it complies with the scientometric requirements for acquiring an academic position "Associate Professor".

He has a well-formed research profile, there are theoretical-cognitive and practicalapplied contributions from her work, active work with students as a teacher and methodological leader of their research activities

All this gives me the reason to propose Nikolay Svetoslavov Nedev, PhD to take the academic position of "Associate Professor" in the specialty " Public health management" in the field of higher education 7. Health and Sports, professional field 7.4. Public Health, for the needs of the Training sector "Rehabilitator", Medical college - Varna.

27.07.2020 Varna

/ Prof. Silviya Borisova, PhD, DSc /