

Opinion

By Associate Prof. Dr. Stefan Vassilev Kisiov, PhD

Regarding

Competition for awarding the academic position "Associate Professor"

Scientific specialty "Obstetrics and gynecology"

Cipher 03.01.45

The competition was announced in NG No. 45/28.05.2024.

To Dr. Zhivko Stoyanov Zhekov, PhD

Brief biographical data

Dr. Zhivko Stoyanov Zhekov was born on October 26, 1961, in the town of Silistra. He graduated from the Medical University - Varna in 1987. He acquired a specialty in Obstetrics and Gynecology in 1993. From 1993 to 2016, he worked at the "St. Anna" city of Varna, as a resident doctor in the gynecology department. From 2016 until now, he works at SBAGAL "Prof. Dr. D. Stamatov" city of Varna, as the head of the gynecology department.

From 2017-2021, Dr. Zhekov is an assistant at the Department of Obstetrics and Gynecology, Medical University "Prof. Dr. Paraskev Stoyanov" - Varna. In 2021, he successfully defended his dissertation on the topic: "Methods for Termination of Pregnancy in Obstetrics and Gynecology Practice", with scientific supervisor Assoc. Dr. Kremen Tsvetanov Tsvetkov, PhD.

After successfully winning a competition in 2021, he was appointed to the Department of Obstetrics and Gynecology, as chief assistant.

Evaluation of the teaching activity of Dr. Zhivko Zhekov

Dr. Zhekov was elected as an assistant at the Department of AG at MU-Varna in 2017. During these 7 years, he accumulated serious teaching and pedagogical experience, regularly conducts practical exercises and lectures to students from the specialties "Medicine", "Dental Medicine", "Midwife" and "Nurse". He takes an active part in the training of trainee doctors and residents.

Membership in scientific organizations

Dr. Zhivko Stoyanov Zhekov is a member of the Bulgarian Medical Union (BMU), the Bulgarian Society of Obstetrics and Gynecology (BDAG), the Bulgarian Association for Sterility and Reproductive Health (BASRZ)

Scientific research activity

Dr. Zhekov works on significant problems in obstetrics and gynecology, operative gynecology and endoscopic operative techniques.

For the competition, Dr. Zhekov presents:

1. Dissertation work on the topic: "Methods for termination of pregnancy in obstetrics and gynecology practice", 2021.
2. Monograph: "Modern methods of artificial abortion in obstetrics and gynecology practice", 2024, ISBN 978-619-241-296-8
3. Publications in Bulgarian periodicals - 26 issues

Evaluation of the contributions of Dr. Zhivko Zhekov

I. Contributions related to the dissertation work

1. For the first time in the country, a study was conducted that measured the relative risk of early and late complications in medical and surgical abortion in the I and II trimesters of pregnancy
2. An optimized approach was proposed in the selection of patients for termination of pregnancy - vacuum aspiration for the I trimester, medical abortion - for the II trimester for patients without risk and dilation and curettage for patients at risk (two or more abortions or cesarean section).
3. An algorithm for the use of Topozin in medical abortion in the II trimester is implemented
4. The economic expediency of methods for terminating pregnancy, abortion in the I and II trimesters of pregnancy, has been clarified.

II. Contributions in other thematic areas.

1. Organization, conditions and carrying out of abortion in hospital conditions
 - Organization of abortion activities - our and world experience
 - Performing a medical abortion
2. Clinical evaluation of the procedure Abortion on medical indications
3. Obstetric behavior in case of established pathology of genital or extragenital origin
 - Pregnancy and infectious diseases

- Pregnancy and accompanying pathology

4. Innovations in obstetrics and gynecology practice

III. Contributions related to the monographic work

In his monograph, Dr. Zhekov has analyzed the efforts of obstetrician-gynecologists, which are mainly aimed at improving the conditions and technique of performing abortions, as well as in terms of efficiency, safety and reduced risk of complications.

Of particular interest is the comparison between medical and conventional abortion. The advantages and disadvantages of each of them, risk factors for early and late complications, clinical effectiveness and safety, economic feasibility and patient satisfaction are described in detail.

In his monograph, Dr. Zhekov examined a large number of literary sources in Latin and Cyrillic, most of them from recent years. Analyzing and interpreting contemporary productions Dr. Zhekov clearly emphasizes the topicality of the targeted problems and his desire to study them.

Conclusion

Dr. Zhivko Zhekov has very good theoretical and practical training in the field of obstetrics and gynecology. The number and subject of scientific publications, as well as the pedagogical and practical experience of Dr. Zhekov, fully meet the criteria for holding the academic position "Associate Professor", which is why I recommend the members of the Scientific Jury to vote positively for the election of Dr. Zhivko Stoyanov Zhekov for "Associate Professor" at the Department of Obstetrics and Gynecology at the Medical University of Varna.

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