

## STANDPOIT

**FROM PROF. DR. PLAMEN GUEORGUIEV PANAYOTOV, MD, PhD**

**Department of cardio-vascular surgery and angiology, Medical University - Varna**

**Subject:** Procedure for holding the academic position of "Associate Professor" in the field of higher education 7. "Health and sports" in the professional field 7.1. "Medicine" and scientific specialty "Surgery", according to a competition announced in SG no. 86 of 06.10.2020

For participation in the competition within the legal deadline, documents have been submitted by one candidate: **Dr. Mihail Stefanov Tabakov, MD, PhD**

The documents and materials submitted by the candidate meet the requirements of the Academic Staff Development Law in the Republic of Bulgaria (ASDLRB), the Regulations for its implementation, and Regulations for the development of the academic staff of the Medical University - Varna.

### **I. Analysis of the candidate's career profile**

Dr. Mihail Stefanov Tabakov was born on June 28, 1978 in Sofia. In 2003 he graduated in Medicine at the Medical University - Sofia. He has a total work experience and professional experience in the specialty for more than 15 years, realized successively, as an intern at the Military Medical Academy - Sofia (2004-2011), surgeon and assistant professor at the University Hospital "N.I. Pirogov" (2011- 2017), and a surgeon at the Department of General and Endoscopic Surgery at the University Hospital "St. Ivan Rilski" - Sofia (since 2017)

In 2014 he acquired the medical specialty "Surgery".

In 2017 he defended his dissertation on the topic: "Study of the possibilities for treatment of ventral hernias with endoscopic techniques", for which he received an educational and scientific degree "Doctor" in the scientific specialty "General Surgery".

Dr. Tabakov has completed a number of international specializations in France, Germany, the Kingdom of the Netherlands, Turkey, the United Kingdom and Italy.

He is a member of the Bulgarian Surgical Society, as well as of the international

European Digestive Surgery, European Hernia Society.

## **II. Scientific and research activity**

For the competition the candidate has presented 40 titles, of which 39 articles in scientific journals and collections and one chapter of a collective monograph. The dissertation work for the acquisition of ESD "Doctor" is also presented. These publications fully cover the scientific and metric indicators for participation in this competition.

The scientific articles published in journals referenced in world databases are 12. The remaining 28 are published in Bulgarian and international publications included in the national reference list. The total impact factor of the candidate is 10,979.

In the presented 40 publications, Dr. Tabakov is the first author of 7 of them.

According to the international scientific platform Google Scholar, the candidate has been cited 30 times. For participation in the competition is presented a reference for 4 citations in the database Web of Science and Scopus, issued by the medical library of MU - Varna.

The dissertation of the candidate for acquisition of ESD "Doctor" is on the topic "Study of the possibilities for treatment of ventral hernias with endoscopic techniques" and in a volume of 200 pages. three other habilitated surgeons expressed positive opinions.

The research activity of Dr. Tabakov and the contributions of the achieved results are concentrated in the following main directions:

- ✓ Colorectal surgery
- ✓ Anterior abdominal wall surgery
- ✓ Emergency surgery
- ✓ Surgery of the diaphragm
- ✓ Treatment with open abdomen
- ✓ Treatment with negative pressure in surgical practice
- ✓ Rare cases
- ✓ Surgical treatment of Crohn's disease
- ✓ New techniques in laparoscopic surgery

Dr. Tabakov's publishing activity is evenly distributed over time, with a steady increase, which is a sign of perseverance, gradual growth and lack of self-purpose.

The analysis of the presented publications shows the presence mainly of original clinical studies, followed by scientific reviews and case reports. All presented original clinical trials include significant clinical experience and analysis of treatment options for endoscopic

surgery of a wide range of surgical diseases - anterior abdominal wall hernias, cholecystitis, intestinal obstruction, acute abdominal surgery, colorectal cancer, diaphragmatic defects. Three of the original clinical studies present experience from laparoscopic interventions through a single incision - a topic intensively studied in recent years.

The presented original clinical studies clearly demonstrate the wide range of scientific and professional interests of the candidate, the level of his professional qualification and his commitment to current scientific topics, mainly socially significant diseases with high frequency, most of which the general surgeon meets daily. In this sense, the contributions of Dr. Tabakov are mainly scientifically applied.

### **III. Complex assessment of scholastic- methodical and teaching activities.**

As an assistant at the University Hospital "N. I. Pirogov", in the base where the Department of Emergency Medicine of MU-Sofia is located, Dr. Tabakov has led practical exercises and theoretical classes for 6th year medical students, as well as for the residents in "Emergency Medicine". He is an active editor of articles for the magazine "Emergency Medicine". The candidate controls the publication activity and participates in the elaboration of the program for scientific activities of the residents and PhD students from the clinic, with envisaged participation in national and international scientific forums. Participates in the development of a doctoral program in "Surgery" at the University Hospital "St. Ivan Rilski", Sofia.

### **IV. Conclusion**

Presented by Dr. Mihail Stefanov Tabakov, MD, PhD scientific papers, published in prestigious Bulgarian and international scientific journals, the number of citations and other quantitative scientific metric indicators, meet and exceed the requirements for the academic position of "Associate Professor", specified in ASDLRB and the Regulations for the development of the academic staff of the Medical University - Varna. This, as well as his scientific and teaching activities, his recognition and authority in the professional surgical society, are grounds to strongly recommend to the esteemed scientific jury to support the candidacy of Dr. Tabakov to be elected to the academic position "Associate Professor" in the scientific specialty "Surgery".

22.01.2021 r.

Prof. Dr. Plamen Panayotov. MD, PhD

