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"Mental Health of Higher Education Students"

Lara Manuela Guedes de Pinho is an Assistant Professor of the Nursing Department of the University of Évora and she is an integrated researcher at the Comprehensive Health Research Centre (CHRC), University of Évora, Portugal. She has a Ph.D. in Nursing and Health from the Universitat Rovira i Virgili, Spain, and she has a Ph.D. in Psychology from the University of Aveiro, Portugal. She has a post-graduate degree in Mental Health and Psychiatric Nurse and master's in clinical psychology. She has participated in research projects nationally and internationally in mental health and aging. She is a corporate body member of the Portuguese Society of Mental Health Nursing. She has published more than 50 scientific articles in indexed journals and with scientific arbitration.