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“Advancing Patient Safety through the Evidence-Based TeamSTEPPS”

I am a registered nurse of Asia-Pacific heritage with graduate degrees in neuroscience and clinical investigation. Having been raised in the Philippines and educated in different parts of the world, I have observed how stress and trauma transcend social boundaries and affect health. This experience has influenced my program of science, which focuses on the health of vulnerable populations, especially related to stress. I have had a track record research on preclinical models for neuropsychiatric disorders, investigating the neurobiological and behavioral mechanisms associated with the effects of stress. At the School of Nursing, I have engaged in translational clinical research on posttraumatic stress disorder (PTSD) as well as education-based and community service-based diversity research to improve patient-centered outcomes. Funding from the Patient-Centered Outcomes Research Institute (PCORI) provided opportunities to build capacity and engage Veterans and Filipino-Americans on PCOR, advocacy, and as full partners of research. My main goal is to improve patient outcomes, especially among vulnerable populations.