



Fund “Nauka” Project № 22024 Resume – Competition-Based Session 2022:

“Survey of oral health, knowledge and attitudes towards prevention of oral diseases”

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The aim of the project is to explore the oral health, knowledge and attitudes towards prevention of oral diseases among the population of Varna.

To fulfil the scientific goal, several research **tasks** have been set:

1. To objectively assess the oral health of the population of the city of Varna in the age groups of 5, 12, 15, 35-44 and 65-74 years;
2. To study the prevalence of modifiable oral health risk factors among individuals in the age groups of 5, 12, 15, 35-44 and 65-74 years.

Materials and Methods: The research aim and objectives will be achieved by conducting dental examinations and an oral health self-assessment survey using adapted examination forms and questionnaires and methodology as recommended by WHO (Oral Health Survey). Selection of participants will be done by applying a cross-sectional epidemiological study design. Statistical methods for quantitative and qualitative data will be used to analyse the data obtained.

The results will be used to update information on the oral health status and self-assessment of the population of the city. This will contribute to making adequate decisions regarding the design, implementation and monitoring of health promotion and oral disease prevention activities at different levels of society. The results of the study will also be the basis for the development of a dissertation for the degree of PhD and scientific publications on the topic.