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Prof. Handjieva-Darlenska is currently serving as President of the Bulgarian association for the study of obesity and related diseases (BASORD), and member of the Board of the European Childhood Obesity Group.

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Prof. Handjieva-Darlenska received a certification for European specialist in the management of obesity in children and adults in 2021 by EASO.

Prof. Handjieva-Darlenska published over 90 papers in peer-reviewed journals (H-index 27). She has been appointed an associate editor of *Frontiers in nutrition and metabolism*, and member of the editorial board of *Nutrition and metabolism*, Springer Nature.

Her main research interests are in appetite regulation, prevention and treatment of obesity in children and adults.