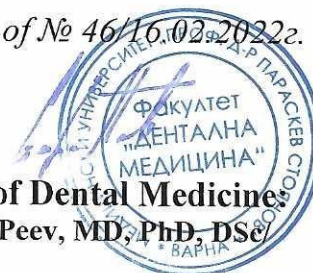




MEDICAL UNIVERSITY
“PROF. DR. PARASKEV STOYANOV” - VARNA
FACULTY OF DENTAL MEDICINE

Approved with a Protocol of № 46/16.02.2022.

Approved:
DEAN of Faculty of Dental Medicine
/ Prof. Stefan Peev, MD, PhD, DSc



EDUCATIONAL PROGRAMME
OF
“MEDICAL PSYCHOLOGY”

Specialty “DENTAL MEDICINE”

Educational-qualification degree “MASTER”

Professional qualification “PHYSICIAN IN DENTAL MEDICINE”

	Semester	Horarium weekly	Total horarium
Lectures	IV	1	15
Exercises	IV	1	15
Total			30
Monitoring and evaluation forms	Midterm test		Final Exam
Credits (ECTS)			2
Extracurricular employment			30

Varna, 2022

I. Course description

Aim of teaching the discipline of Medical Psychology is to prepare students for complete, personalized contact with the patient. To examine basic psychological concepts of general psychology and psychology of the personality. To introduce students to the achievements of modern medical psychology. To develop their abilities to carry out therapeutic contact with the patient and to provide psychological assistance in hospital and outpatient settings.

II. Lecture topics

<i>Winter semester</i>		
<i>Nº</i>	<i>Topic</i>	<i>Hours</i>
1	SUBJECT AND OBJECTIVES OF MEDICAL PSYCHOLOGY. PSYCHOLOGY, PSYCHIATRY, PSYCHOTHERAPY. METHODS OF PSYCHOLOGICAL INVESTIGATION	2
2	TEMPERAMENT, PERSONAL CHARACTER.	2
3	BEHAVIOR MOTIVATION, ATTITUDES. HOSPITAL SPECIFICATION.	2
4	DEFENSE MECHANISMS. PSYCHOLOGICAL DIMENSIONS OF ILLNES.	2
5	FEAR AND ANXIETY.	2
6	STRESS. PSYCHOSOMATIC RELATIONSHIPS.	2
7	VERBAL AND NONVERBAL COMMUNICATION	2
8	METHODS OF PSYCHOLOGICAL INTERVENTION.	1
	<i>Total hours</i>	15
	<i>Total lecture hours for the year</i>	

III. Practical exercises (seminars) – topics

<i>Winter</i>		
<i>Nº</i>	<i>Topic</i>	<i>Hours</i>
1	METHODS OF PSYCHOLOGICAL INVESTIGATION	2
2	HOW TO DEAL WITH FEAR AND ANXIETY	2
3	STRESS AND CRISIS. CRISIS INTERVENTION.	2
4	NONVERBAL COMMUNICATION	2
5	VERBAL COMMUNICATION. PSYCHOTHERAPEUTIC INTERVIEW AND FEEDBACK.	2
6	TRANSFER AND COUNTERTRANSFER IN THERAPEUTICAL CONTACT. DEFENSE MECHANISMS	2
7	TYPES OF PSYCHOTHERAPY AND PSYCHOLOGICAL COUNSELING	2
8	METHODS FOR DIAGNOSIS OF TEMPERAMENT AND PERSONALITY	1
	<i>Total hours</i>	15
	<i>Practical exercises (seminars) – Total hours for the year</i>	

IV. Medical Psychology course consists of&

- Lectures (weekly – (1 hours for winter semester 15);
- Practical exercises (1 hours weekly);
- 1 midterm exams; (4th week – winter semester);
- Final exam

V. Grading:

Midterm exam consists of a cases- practical part and oral part

Final exam consists of a written exam.

Final grade is assigned on the basis of the grades accumulated during the year - practical exercises, semester exams (30 %) and the grades from the final exam (70%).

VI. Textbooks and manuals:

1. Medical psychology (2013) MU-Varna.
2. Marnat.G. (2003) Handbook of psychological assisment.
3. McManos. (1992) Psycholigy in medicine.Oxford

Medical Psychology

Examination Syllabus:

1. Subject and tasks of Medical Psychology.
2. Methods of psychological investigation. Psychological diagnostics.
3. Personality. Character. Temperament.
4. Behaviour. Motivation. Attitudes toward illness.
5. Psychological defence. Defence mechanisms.
6. Inner picture of illness.
7. Psychological picture of fear. Fear types. Anxiety.
8. Stress, frustration, deprivation. Psychotrauma.
9. Mind and Body relationship. Theories. Psychosomatic diseases.
10. Verbal Communication.
11. Nonverbal Communication.
12. Iatrogenic, somatogenic, psychogenic influences
13. Crisis interventions.
14. Methods of providing psychological assistance. Psychological counseling, psychotherapy.

Approved by a decision of the Council of the Department of Psychiatry and medical psychology, Protocol № 3/14.03.2022

Programme developed by: Prof. Aleksandrov, PhD, DSc
Head of Department of Prof. Hristo Koguharov, MD, PhD.

