

## POSITION

From Prof. Dr. Hristo Kozhuharov, M.D.  
Head of the Department of Psychiatry and Medical Psychology  
Medical University "Prof. Dr. Paraskev Stoyanov", Varna

Regarding a competition for the academic position of "Associate Professor" in the field of higher education 7. Health and Sport; 7.1.Medicine; Specialty - Forensic Psychiatry for the needs of the Department of Psychiatry and Medical Psychology at the Faculty of Medicine at Medical University "Prof. Dr. Paraskev Stoyanov"- Varna, and First Psychiatric Clinic at the University Hospital "St. Marina" EAD-Varna, announced in SG, issue 14 / 18.02.2022

I have been appointed Chairman of the Scientific Jury by order of the Rector of MU "Prof. Dr. Paraskev Stoyanov" - Varna № P-109-427 / 19.04.2022, according to protocol № 63 on 05.04.2022 from a meeting of the Scientific Jury, and I have been appointed to prepare an opinion.

Within the legal deadline, only one candidate submitted documents: Dr. Adelina Boyanovna Dzhordzhanova, M.D. from MU-Varna, Department of Psychiatry and Medical Psychology at the Faculty of Medicine at Medical University "Prof. Dr. Paraskev Stoyanov" and First Psychiatric Clinic at the University Hospital "St. Marina" EAD-Varna.

The necessary full set of administrative documents is presented in accordance with the requirements of ZRASRB and the Regulations for holding the academic position of "Associate Professor" of the Rules of MU-Varna, they are described in the application of the candidate to the Rector of MU-Varna..

### **BRIEF BIOGRAPHICAL DATA AND PROFESSIONAL DEVELOPMENT**

Dr. Adelina Dzhordzhanova was born on January 23, 1961 in the city of Bryansk, Russian Federation.

In 1995 he graduated at Medical University - Varna, majoring in Medicine.

At the beginning of her professional career she worked as a doctor - resident in the SPH for the treatment of tuberculous patients - Ravna and in the SPH - Karvuna.

In 2005 she acquired a degree in psychiatry.

Since 2005. has been included as an expert in the lists of the District Court – Varna

In 2005-2006. she was included as an expert in psychiatric Medical Disability Commission at the University Hospital "St. Marina", after which she returned to work in SPH - Karvuna as head of the Men's Department.

Since 2010 she has been a a doctor - psychiatrist at the Third Psychiatric Clinic at the University Hospital "St. Marina"- Varna.

In 2011 she acquired a degree in forensic psychiatry.

In the academic year 2011-2012 she was a part-time lecturer at Medical University of Varna, teaching students of the fifth year of psychiatry.

Since 2012 until now he has worked as a forensic psychiatrist, at first in the Department of Forensic Psychiatry, which later grew into the Clinic of Forensic Psychiatry, and currently in the First Psychiatric Clinic at the University Hospital "St. Marina "- Varna.

In 2016 he obtained an educational and scientific degree "Doctor" in the scientific specialty: Psychiatry (Forensic Psychiatry) at the Department of "Psychiatry and Medical Psychology" at MU - Varna.

During the academic year 2016-2017 she was a part-time lecturer at Medical University of Varna, teaching fifth-year psychiatry students.

Since 2017 he has been the administrative head at the same clinic.

As a senior assistant in the same Department at MU-Varna she taught in the years 2017/2022 students in medicine, dentistry and also in the Medical College of Psychiatry and Medical Psychology. She conducted a lecture course on Forensic Psychiatry for graduate students in forensic psychiatry..

He speaks Russian and French.

He is a member of the Bulgarian Medical Union and the Bulgarian Psychiatric Association..

#### **EVALUATION OF RESEARCH ACTIVITY - scientific publications:**

In the competition, Dr. Dzhordzhanova presented scientific publications that do not repeat those presented for the acquisition of educational and scientific degree "Doctor" and the competition for Chief Assistant. They are: in addition to the dissertation, one monographic work ("Forensic psychiatric examination in civil proceedings"); 2 full-text publications in peer-reviewed journals; 7 full-text publications in non-refereed, peer-reviewed journals and the section of Forensic Psychiatry in a textbook on psychiatry.

Dr. Adelina Dzhordzhanova has acquired an educational and scientific degree "Doctor" in 2016 after successfully defending the dissertation on the topic : "Analysis of forensic psychiatric and forensic psychological examinations in civil proceedings according to the inventory of the District Court – Varna, for the period from 2007 to 2012".

The monographic work "Forensic psychiatric examination in civil proceedings" has a total volume of 333 pages, includes 2 reviews, published in 2021.

The nine participating in the contest publications are distributed as follows:

- Independent author - 5 publications
- First author - 1 publication
- Second author - 3 publications

The publications are presented in the Reference for the minimum scientific requirements, and one - in the supplementary reference with publications exceeding the minimum requirements.

The presented publications to meet the minimum state requirements in group "D" are a total of 8. Among them:

2 publications published in scientific journals, referenced and indexed in world-famous databases of scientific information (in one the candidate is the first author, and in the other – the second one)

6 publications in scientific journals, non-referred journals in world-famous databases of scientific information

In addition to the participating publications, as the evidence to meet the minimum requirements for the position of "Associate Professor", is presented one full-text publication.

#### **Citation:**

According to the presented academic report on citations, Dr. Adelina Dzhordzhanova ova has 11 citations, which carry a total of 70 points, with a minimum national requirement of 50 points for this indicator.

### **SCIENTIFIC CONTRIBUTIONS AND DIRECTIONS IN RESEARCH ACTIVITY**

#### **Contributions related to the dissertation**

In the dissertation " Analysis of forensic psychiatric and forensic psychological examinations in civil proceedings according to the inventory of the District Court – Varna, for the period from 2007 to 2012" Dr. Dzhordzhanova has developed a problem distinguished by indisputable actuality. For the period 2007-2012, 327 sub-experts, objects of expert opinions in the civil proceedings in cases in the District Court - Varna were examined. In the field of expertise in civil proceedings, this is the first systematic study at the level of a doctoral dissertation. The development of the material has an exclusive individual author's participation and results.

Scientific contributions in the field are:

1. For the first time in the Republic of Bulgaria a study has been conducted on the expert opinions in the civil proceeding in cases of the District Court - Varna.
2. For the first time a qualitative analysis of the prepared forensic psychiatric, forensic psychological and complex examinations is carried out.
3. For the first time the problems of the unaccepted forensic psychiatric examinations and the reasons leading to their non-acceptance are studied.
4. Proving the need for preparation and adoption of a Standard for the structure of forensic psychiatric expertise, on which to produce expert opinions in order to improve the quality of expert work.
5. The candidate participated in a commission with other forensic psychiatrists in the preparation of the Draft Standard on Forensic Psychiatry in 2014, adopted by the Ministry of Health.

## **Contributions related to the monographic work**

The monographic work of Dr. Dzhordzhanova "Forensic psychiatric examination in civil proceedings" was published in 2021. This work is a logical continuation and summarises author's many years of work in the field of forensic psychiatric expertise in civil proceedings. It is an in-depth study of the current problems of expertise in civil law. The forensic psychiatric problems of the civil law, the main legal categories - capacity, legal capacity and incapacity, full and limited interdiction, as well as the peculiarities of the forensic psychiatric expertise in the civil court proceedings are presented. The problems of the individual expertise are presented in detail – of the legal capacity in order to be placed under interdiction, in transactions and contracts, of testamentary fitness, of the liability of the state and municipalities for damages caused to citizens and individuals, in divorce and of mental fitness to exercise parental rights. The book includes seven forensic psychiatric and complex forensic psychiatric and forensic psychological examinations, prepared by the author and colleagues who have worked or continue to work in the structure of the University Hospital "St. Marina" - Varna.

The contributions are of a scientific and practical nature:

Undeveloped or poorly researched problems in forensic psychiatric and legal theory are analyzed

For the first time in Bulgaria a detailed analysis of the forensic psychiatric aspects of the expertise in civil litigation has been made

Examples of good practices have been presented and suggestions have been made for optimizing and improving the quality of expert work.

## **Other contributions and areas**

In the thematic area "Forensic Psychiatry" Dr. Dzhordzhanova presented 6 publications (7.1., 7.2., 8.1., 8.3., 8.5., 8.6.). In the full-text publication presented as addition to the participating ones in the evidence to meet the minimum requirements, an overview is made of the historical development of forensic psychiatry in Bulgaria from the ancient Thracians to the present day. In D 8.3. an expert case of a man suffering from sensorimotor aphasia at the time of transferring his property of real estate through a contract of sale is presented. Another article (D 8.5.) analyzes the diagnostic assessments leading to the acceptance of incapacity or limited legal capacity and their connections with the parameters of forensic psychiatric examination and expert assessment. In D 7.1. an attempt has been made to look for the relationship between organic mental disorders and subsequent court decisions. In D 7.2. sub-expertises of schizophrenic disorders involved in civil cases are analyzed. The peculiarities of the ambulatory forensic psychiatric examination and the difficulties in preparing the posthumous forensic psychiatric examinations in civil proceedings are considered. (D8.1.) In D 8.6. an assessment of the expertise and decisions in various areas of civil law is made.

In two of Dr. Dzhordzhanova 's publications, problems related to the psychological assessment of persons in normal and cognitive disorders in the Benton test are studied. (8.2., 8.4.). The connection of certain demographic factors, the state of the general cognitive capacity and the assessment from the test are considered..

## **PARTICIPATION IN SCIENTIFIC PROJECTS AND FORUMS**

After the competition for Chief Assistant Professor, Dr. Dzhordzhanova has participated in 9 scientific forums - national and international.

The candidate took part in the organizing committee of an international conference, for which she received a letter of thanks.

Dr. Dzhordzhanova has participated as a research expert in the research team on project № 15020, according to contract № FMN-79 / 21.12.2015. for a period of three years at MU-Varna on the topic: "Study of the effectiveness of transcranial magnetic stimulation to influence cognitive disorders in depressive episodes within recurrent depressive disorder and bipolar affective disorder", funded by the Science Fund of MU-Varna.

## **EDUCATIONAL AND TEACHING ACTIVITIES**

Dr. Adelina Dzhordzhanova has worked as a part-time lecturer and Chief Assistant Professor. As a part-time lecturer in the academic years 2011-2012 and 2016-2017 has taught 5th year students in psychiatry at the Department of Psychiatry and Medical Psychology. As a Chief Assistant Professor in the same Department at MU-Varna she has taught in the years 2017/2022 students in medicine, dentistry and also at the Medical College of Psychiatry and Medical Psychology.

From the reference for study load it can be seen that for the presented 2 academic years / 2011-2012 and 2016-2017/ the total workload was 61 hours. The workload in the 2017/2018 academic year was 232 hours, in 2018/2019 - 268 hours, in 2019/2020 - 231 and for 2020/2021 - 197 hours. She conducted a lecture course in Forensic Psychiatry for graduated students in forensic psychiatry in 2017.

The standard workload for non-habilitated lecturers is 220 hours.

## **DIAGNOSTIC, TREATMENT AND EXPERT ACTIVITY**

Dr. Dzhordzhanova has a total professional work experience / as of 16.03.22. - 16 years, 8 months and 26 days. She works well in a team and strives to enrich her theoretical and practical knowledge.

From 2005 to 2019 she has been an expert at the District Court - Varna: she has prepared numerous expert reports, both independently and complex, combined, etc. expertise, copies of which are stored in the archives of the University Hospital "St. Marina" - Varna.

## **CONCLUSION**

From the presentation it is evident that the research activity and the study load of Dr. Adelina Dzhordzhanova, D.M.. meet both quantitatively and qualitatively the modern criteria for holding the

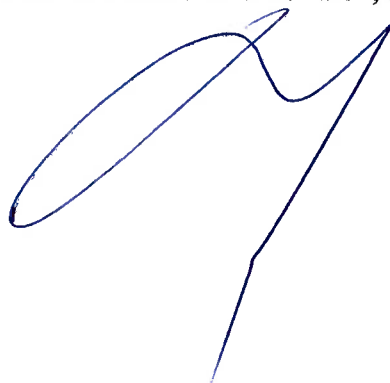
academic position of "Associate Professor" according to all parameters set in ZRASRB, the Rules for its implementation and the Rules for the development of academic staff at Medical University of Varna.

On this basis, I give a positive opinion and propose to the Honorable Members of the Scientific Jury to vote positively for the award of the academic position of "Associate Professor" to Dr. Adelina Boyanovna Dzhordzhanova, M.D., specialty "Forensic Psychiatry", for the needs of the Department "Psychiatry and Medical Psychology" at the Faculty of Medicine at Medical University "Prof. Dr. Paraskev Stoyanov"- Varna, and First Psychiatric Clinic at the University Hospital "St. Marina" EAD-Varna.

06.06.2022 г.

the city of Varna

Prof. Dr. Hristo Kozhuharov, M.D

A handwritten signature in blue ink, consisting of several fluid, overlapping loops and a long, sweeping tail that extends downwards and to the right.