

**TO THE CHAIRMAN OF THE SCIENTIFIC JURY  
DETERMINED BY ORDER No. R-109-261/23.06.2022  
TO THE RECTOR OF MEDICAL UNIVERSITY - VARNA**

## **REVIEW**

**by Professor Dr. Nikola Georgiev Shopov, MD**

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**Concerning:** Contest for the occupation of the academic position "Professor" in the scientific specialty "Medicine of disaster situations (marine medicine)" in the field of higher education 7. "Health and sports", professional direction 7.1. "Medicine", for the needs of the Department "Medicine of disaster situations and marine medicine" in the Faculty of "Public Health" of the MU "Prof. Dr. Paraskev Stoyanov" - Varna, announced by order No. R-109-261/23.06.2022 of the Rector of the MU - Varna, promulgated in issue 32/26.04.2022 of the State Gazette.

### **I. BRIEF INFORMATION ABOUT THE CONTEST**

By decision of the Faculty Council (Protocol No. 187/09.06.2022), a Scientific Jury (SJ) was selected to hold a competition for the academic position (AP) "Professor" in the Faculty of "Public Health" of the MU "Prof. Dr. Paraskev Stoyanov" - Varna. The contest for the loan of AP "Professor" was announced in the 32/26.04.2022 issue of the State Gazette, as SJ was appointed by order No. R-109-261/23.06.2022 of the Rector of the MU - Varna. According to protocol No. 1/08.07.2022 of the first meeting of the SJ, I am appointed to prepare this review.

According to the order, additional conditions have been announced for the contest: not to apply the requirement of Art. 137, para. 1, item 6 of the Regulations for the development of the academic staff at the University of Medicine - Varna and the sum of the points for the indicators from item 14 to item 22 in the field of higher education 7. "Health care and sports" to be one hundred, without applying the requirement more than 80 points to be from indicator 14.

For the competition, the only candidate is Associate Professor Dimitar Georgiev Stavrev, MD, DSc. The procedure for announcing the competition is in accordance with the requirements of the Law on the Development of the Academic Staff in the Republic of Bulgaria (LDASRB) and the Regulations for the Development of the Academic Staff at the Medical University "Prof. Dr. Paraskev Stoyanov" - Varna from 20.12.2019 (RDAS).

The assessment of the candidate, Assoc. Prof. Dimitar Stavrev, MD, DSc., is complex, including his scientific research and practical activities, as well as the scientific characteristics and scientific-applied the results of the publications presented by him, according to RDAS.

## II. BIOGRAPHY AND PROFESSIONAL INFORMATION ABOUT THE CANDIDATE

### 2.1. Brief biographical information

Associate Professor Dimitar Stavrev, MD, DSc. was born on September 27, 1961 in the city of Varna. He completed his secondary education in his hometown in 1979 at VII ESPU. During the period 1981 - 1987, he was a student at the Higher Medical Institute - Varna (now the Medical University - Varna) and after graduation he received a master's degree in medicine. In consequence:

- He began his professional career as a ward pediatrician in the Municipal Hospital - General Toshevo;
- In 1990, he won a competition for an assistant, and then successively held the academic positions of senior assistant and chief assistant at the Medical University "Prof. Dr. Paraskev Stoyanov" - Varna, where he continues to work until now;
- From 1998 until now, he has been a teacher of medical training at the Water rescue training center in the Municipal council of the Bulgarian Red Cross (BRC) - Varna.
- In the period 1998-2000, he was the director of the Center for Emergency Medical Assistance - Varna;
- In 2000, he was a professor of plastic anatomy at "Chernorizets Hrabar" Free University of Varna;
- In the periods 2004 - 2008 and 2012 - 2021, he was a teacher of anatomy at "Angel Kanchev" University of Ruse;
- From 2008 to 2021, he was the manager of the "Domestic care" center at the BRC's MC - Varna;
- In 2009 and 2010, he was the manager of "Hospice Red Cross - Varna" EOOD at the BRC;
- Since 2013, he has been a lecturer at the National Training Center of the Bulgarian Red Cross.

### 2.2. Postgraduate qualification and acquired specialties

Prof. Stavrev has many specializations and activities in various areas of medicine. Uses English and Russian languages at a good communicative level.

#### *Specializations*

- From 1990 to 1993 - specialization in "Anatomy, histology and cytology" at the Higher Medical Institute - Sofia;
- In 1996 – qualification in "Modern methods of resuscitation in water accidents" in the Bulgarian Red Cross;
- In 1999 - qualification in "Health management in the conditions of health insurance" at the Institute of Management and Entrepreneurship - Sofia;
- In 2008 - qualification in "Fundamentals of diving and hyperbaric medicine" at the Military Medical Academy, MHAT - Varna;
- In 2011 – qualification for "Maritime instructor and teacher" at the Bulgarian Maritime Qualification Center at the Maritime Administration - Varna at the Ministry of Transport and Communications;

- In 2020 - qualification "Assessment, testing and certification of seafarers" at the University Center for Marine Health (UCMH) of the Medical University "Prof. Dr. Paraskev Stoyanov" - Varna.

#### ***Additional qualifications***

- In 2003 - Diplome de therapeutique homeopathique CEDH 0101, 2003, "Homeopathic therapy" TSORH, MU - Varna;
- In 2012, "Working with MS Office - basic training" at the National Agency for Vocational Education and Training CPO at ET "MODUS TRADE";
- "Practical implementation of intellectual property protection. Inventions and Scientific Discoveries" MU - Varna, Project No. BG051PO001-3.1.09-0013;
- "Emergency psychological help in critical/stressful situations." Institute of Social Activities and Practices. Project BG 051PO001-6.2.13;
- "Interactive learning methods" MU - Varna, Project №BG051PO001-3.1.09-0013;
- "Survival in floods and fast-flowing waters" in BRC;
- "Ski tourism instructor" at the Central Mountain School - Maliovitsa.

#### ***Medical specialty***

During his professional career, Assoc. Prof. Dimitar Stavrev acquired a medical specialty in "Anatomy, histology and cytology" (in 1993), for which he presented the relevant a copy of the diploma № 41473/20.06.1993.

#### ***Habilitation***

In 2010, the candidate defended the educational and scientific degree "Doctor" in the scientific specialty "Anatomy, histology and cytology", and the topic of his dissertation work was: "Remodeling of the main arteries and veins of the thigh in peripheral arterial disease of the lower limb".

In 2021, Assoc. Prof. Stavrev obtained the Doctor of Science degree with a dissertation on the topic: "Medical aspects of water trauma at sea".

In 2015, he completed his habilitation at "Angel Kanchev" University of Ruse, being awarded the title of Associate Professor in the scientific specialty "Anatomy, Histology and Cytology", and in 2016 he was elected as an Associate Professor in the scientific specialty "Disaster Medicine" (marine medicine)" at Medical University - Varna.

### **2.3. Professional experience**

Assoc. Prof. Dimitar Stavrev has a rich and diverse professional experience, and in recent years he has been devoted to the problems of disaster medicine and maritime medicine, as well as the problems of water rescue, civil protection of the population, social care, the history of medicine and others. He shows high professionalism and competence in his long-term work as a doctor and teacher at the Medical University - Varna, Bulgarian Red Cross, Bulgarian Maritime Qualification Center.

#### ***Projects***

Associate Professor Stavrev has participated in a number of scientific projects:

- Health Sector Restructuring Project, Component 3: Emergency Medical Care. On-site training. - **Manager under contract** No. RD-10-39/23.07.1999 and No. RD-10-40/23.07.1999;

- "Infrastructure for sustainable development in the field of marine research, tied to the participation of Bulgaria in the EURO-ARGO European infrastructure" - part of the National Roadmap for scientific infrastructure, adopted by Decision No. 692 of September 21, 2010 of the Council of Ministers of the Republic of Bulgaria - **Member of the Management Committee**;
- Project BG051PO001-1.1.09-0115 "BRC in support of labor integration through professional qualification of inactive persons" - "Qualification services and promotion of employment" Contract No. ESF 1109-03-02002 - **Trainer**;
- Project BG051PO001-3.3.07-0002 "Student practices" OP "Development of human resources", co-financed by the European Social Fund - **Academic mentor**;
- Project "Find a savior in yourself" No. OMDS14001161BH/23.04.2014 - **Trainer**;
- MSCA-NIGHT-2014: European Researchers, Night (NIGHT) – **Expert**;
- Project "Increasing the awareness of elderly people about responding to disasters, accidents, catastrophes and providing first aid" Contract No. 115000835 VN/22.06.2015 - **Trainer**.

#### ***Awards and honors***

Over the years, Associate Professor Dr. Stavrev has been honored with a number of awards and distinctions:

- **For activity in disaster response systems:**
  - GRATITUDE from the command of the Civil Defense of the Republic of Bulgaria for active participation in an international seminar on civil-military emergency planning 23.09.1999.
  - CERTIFICATE OF HONOR for demonstrated high responsibility and dedication in providing assistance and assistance to victims of a terrorist act at the "Sarafovo" airport in Burgas. National Council of the BRC 26.07.2012
- **For academic and research achievements:**
  - SPECIAL AWARD for excellent presentation at the exhibition of printed and electronic editions 2008 for "ATLAS OF BONE SYSTEM"
  - Twice - Crystal prize "THE BEST PAPER" 2009 and 2011 RU&SU"
- **Others:**
  - Badge of honor "BULGARIAN DOCTOR"/19.10.1999 Bulgarian Medical Union and "Bulgarian Doctor" newspaper.
  - Title "MERIFUL WORKER OF THE BRC"/May 8, 2009 and Medal for Merit BRC – bronze/May 8, 2016 from the National Council of the Bulgarian Red Cross.
  - AWARD for high responsibility and dedication/06/09/2012. Student tourist association "Akademik".
  - Badge of honor with a blue ribbon/23.05.2019, as part of the team created the jubilee edition "135 years of Varna Medical Society". MU – Varna.

### **III. RESEARCH ACTIVITY**

The research activity of Assoc. Prof. Dimitar Stavrev is evaluated in accordance with the minimum and additional scientometric requirements specified in Appendices 1 and 2 of the RDAS in the MU - Varna on the basis of the actual publications presented. Scientific activity in a scientometric aspect can be summarized as follows:

#### **3.1. Total number of scientific publications**

The documents submitted as evidence meet the requirements of Article 138, para. 3 of the RDAS not to be repeated with those presented for the acquisition of the Doctor, the Doctor of Sciences and for the occupation of the Associate Professor. In the current contest, the candidate presents the following scientific production, which has 37 titles:

- dissertation - 2 numbers;
- independent monograph - 2 numbers;
- participation in a collective monograph – 2 numbers;
- participation in textbooks and study aids - 4 numbers;
- articles in refereed scientific journals with IF – 4 numbers
- articles in peer-reviewed scientific journals without IF – 9 numbers;
- publications beyond the minimum scientometric requirements – 14 numbers;
- citations reflecting the scientific activity of the candidate - 11 numbers.

From the presented academic reference with reg. No. 277/06.06.2022, prepared by the MU - Varna, it can be seen that these publications and citations collect 737.77 points according to the scientometric indicators, which are determined according to LDASRB and RDAS in the MU - Varna, where a minimum of 550 points is required to take AP "Professor".

For participation in the contest, I accept all 37 titles: dissertation work for the SD "Doctor" (which is a requirement under LDASRB - indicator A1), dissertation for the SD "Doctor of Sciences" (indicator E13) and 35 scientific works that were published after the award of AP "Associate Professor ". Excluding dissertations from review in this competition, all these publications correspond to the category of "research activity". The 35 scientific works subject to review are evaluated according to state requirements as follows:

- independent monographs (indicators B3 and D5) – 2 numbers – 200 points;
- participation in a collective monograph (indicator D9) – 2 numbers – 40 points
- participation in textbooks and study aids (indicators E20 and E21) – 4 numbers – 38.44 points;
- refereed articles in scientific journals with IF (indicator D7) – 4 numbers – 120 points;
- peer-reviewed articles in scientific journals without IF (indicator D8) – 9 numbers – 160 points;
- full-text peer-reviewed publications beyond the minimum scientometric requirements – 14 numbers – 134.33 points;

Although they are not peer-reviewed, Associate Professor Stavrev presents a list of 39 participations in national and international congresses and events that can be counted among the candidate's scientific production and confirm his scientific research activity.

As a summary, it can be said that the evaluation of the materials submitted for participation in the competition is based on the requirements of the Law on the Development of the Academic Staff in the Republic of Bulgaria (LDASRB) and the Regulations for its implementation, such as the publications submitted by the candidate for participation in the competition, in terms of number and categories, fully correspond to and exceed the recommended quantitative criteria for occupying AP "Professor" accepted at the MU - Varna.

### **3.2. Authorship**

A review of the 35 peer-reviewed scientific publications shows that:

- In 16 of them Assoc. Prof. Dimitar Stavrev is the sole or first author, which represents 45.72% of all publications;
- In ten of the articles he is the second author, which is 28.57%;

- In 9 publications out of the total number (25.71%) he is the third or subsequent author.

The analysis of these facts emphasizes the leading role of the candidate in the presented scientific works, as the first or second author in 74.29% of the publications.

### **3.3. Language of featured publications**

The distribution of scientific works by language of publication is as follows:

- publications published in Bulgarian - 24 issues;
- publications issued in a foreign language (English) – 11 issues.

### **3.4. Impact factor**

Of the four articles published in journals with an impact factor:

- 2 of the publications are in the journal "Folia Medica", indexed in Scopus Cite Score for 2021 with IF: 1.2;
- 1 publication is in the journal "Journal of IMAB" with a Scientific Journal Impact Factor for 2020. SJR: 0.225;
- 1 publication is in the "Bulgarian Journal of Public Health" magazine with Index Copernicus Value for 2020 - 82.24.

### **3.5. Number of citations**

In the attached citation reference, which was prepared by the Library of MU - Varna with reg. No. 277/06.06.2022, it can be seen that the publications presented by Assoc. Prof. Dimitar Stavrev have been cited 11 times, which represents a total of 125 points (with a minimum 100 points required). Citations are distributed as follows:

- 3 citations in peer-reviewed journals in the Scopus and Web of Science databases (D10 indicator – 45 points);
- 8 citations in monographs and peer-reviewed journals (indicator D11 – 80 items)

## **IV. SCIENTIFIC ACHIEVEMENTS AND CONTRIBUTIONS**

The scientific contributions of Assoc. Prof. Dimitar Stavrev are related to the main directions in the disciplines "Medicine of disaster situations (marine medicine)", "History of medicine" and "Anatomy and histology". They have both scientific-research and practical-applied contributions, which are summarized in the following areas:

1. Marine medicine. Preventive measures and actions in maritime incidents related to water trauma. Training maritime specialists for actions to provide assistance in maritime incidents;
2. History of marine medicine and sea therapy;
3. Specific aspects in teaching anatomy and analysis of clinical problems;
4. Overcoming medical damages from disasters, accidents and catastrophes;
5. Study of the role and place of the Bulgarian Red Cross in the activities of providing assistance to the population in crisis situations and beyond.

### **4.1. Monographs**

For the contest, Assoc. Prof. Stavrev presents 2 monographs, which were published after occupying AP "Associate Professor". They have been duly reviewed, but here I want to briefly highlight some of their scientific merits and contributions to science.

The monograph "Adapting the activities of the Home Care Center in the disaster situation of the COVID-19 pandemic" is presented as a habilitation thesis. What is characteristic of her is

that she thoroughly presents a modern and extremely relevant topic. The monograph is the first of its kind in Bulgaria, dealing with an important public problem, namely integrated medical and social care for elderly, disabled people in a crisis situation, especially relevant in the current situation of the COVID-19 pandemic. In 134 pages, the author successfully highlights all the most significant components of this complex social problem. A reading of the three chapters of the monograph impresses with the depth reached in addressing the various aspects of the problem of maintaining good practice in home care in a disaster situation such as the COVID-19 pandemic. The considered work is distinguished by new ideas, supported by evidence presented at a high scientific level, and contains theoretical descriptions and a number of conclusions of practical interest. The author succeeds in showing that coordinated efforts in emergency management require a deep understanding of how to respond with better vision, awareness and respect.

The monograph "Water trauma at sea. Projections for Bulgaria" (224 pages) sheds light on a very current issue of great public significance. Man's contact with the sea can involve many risks and have an adverse effect on his organism. The author summarizes the world and shares personal experience on the treatment and prevention of water trauma in accidents at sea. The content is divided into three main thematic directions - I. Overview of the impact of the aquatic environment on the human organism, II. Research the medical aspects of extreme situations at sea in the world ocean and along the Bulgarian Black Sea coast and III. Mechanisms and models for reducing medical damage from aquatic trauma at sea. A significant contribution is the presented models of a marine medical experiment, a marine medicine laboratory, the study of the population's readiness to help in the event of maritime accidents. Mechanisms for the inclusion of various structures in overcoming extreme situations with water trauma have been proposed. The monograph focuses on emergent behavior, giving tips and algorithms for dealing with problems quickly and efficiently. I highly appreciate his practical orientation. I believe that it has a significant contribution to the establishment of good medical practice in the field of maritime and emergency medicine.

#### **4.2. Scientific direction 1: Marine medicine**

This is the main direction in which Associate Professor Stavrev directs his research. The problems of maritime medicine, preventive measures and actions in maritime accidents related to water trauma. The preparation of maritime specialists for actions to provide assistance in maritime incidents. These topics are covered in publications numbered: 4, 5, 6, 8, 10, 11, 14, E20.1, E20.2, D5, D7.3 and D8.5. They investigated:

- The medical aspects of extreme situations at sea in the world ocean and along the Bulgarian Black Sea coast. All types of impacts of the sea on the human organism and possible traumas in the marine environment are tracked;
- The readiness of the population to provide assistance in case of water trauma;
- Mechanisms are proposed for the inclusion of various structures in overcoming extreme situations with water trauma;
- The presented are models of marine medical experiment, marine medicine laboratory;
- Methodical materials and mechanisms have been developed to increase the competence of the population for actions in the event of marine accidents and for the provision of medical assistance in the event of water trauma.

#### **4.3. Scientific direction 2: History of marine medicine and sea therapy**

A large part of Assoc. Prof. Stavrev's studies are dedicated to research in the field of the history of medicine and sea healing. This topic is widely covered, as Assoc. Prof. Stavrev is an established researcher in this field, having a great professional and scientific interest in it. The articles devoted to these aspects are: 2, 3, 7, D8.1, D8.3, D8.7, D8.8, D8.9, D9.1 and D9.2. These articles explore:

- All Bulgarian healthcare workers connected their professional activities with the sea from the middle of the 19th century to the present day;
- The available sources for the development of the medical aspects of the impact of the marine environment on the human organism and, in particular, the development of this issue in Bulgaria were searched for and studied;
- The development of medical approaches in water safety and in models of assistance in the marine environment are described, tracked and analyzed;
- The role of the Varna Medical Society in the development of health science and the culture of communication with the marine environment is studied.

#### **4.4. Scientific direction 3: Specific aspects in the teaching of anatomy and analysis of clinical problems**

A part of the learned publications of the candidate are related to various aspects of the field of "Anatomy and Histology", in which Associate Professor Stavrev defended his medical specialty and was an assistant and teacher. This is a logical part of his scientific activity, which is more vividly expressed in his researches, published before taking the AP "Associate Professor". On this topic are the publications with numbers: 9, 12, 13, E21.1, D7.1, D8.4 and D8.6. They describe specific clinical problems, identifying and presenting successful scientific-practice models:

- Specific training programs in "Human Anatomy" of a new specialty "Ergotherapy" were created;
- A linear mechanism for training in "Human Anatomy" for the specialty "Nurse" was created and a corresponding manual was issued;

The activity of the first histologist in Bulgaria and creator of the first department of histology Prof. Aleksander Mankowski was studied.

#### **4.5. Scientific directions 4 and 5.**

These two directions are related to the basic scientific activity of the department, where Assoc. Prof. Stavrev is currently a teacher. Research addressing the medical aspects and challenges of disasters, accidents and incidents affecting large numbers of people is the main focus of the candidate's scientific pursuits. The organization of medical aid and assistance to the population in the event of this type of accident is closely related to the activities of the Bulgarian Red Cross, in which Associate Professor Stavrev has been an active member, lecturer and organizer for many years. The activities in these areas are reflected in the publications with numbers: 1, B3, D7.2, D7.4 and D8.4. They cover topics such as:

- The medical aspects of disaster situations of different nature were studied: epidemic situation, threats of bioterrorism, fires, water disasters, etc.;
- The global and shared personal experience for the treatment and prevention of water trauma in accidents at sea is summarized and mechanisms and models for reducing medical



damage in water trauma at sea are presented. Ways to survive at sea are described with practical guidelines;

- The main problems caused by the measures imposed by the temporary anti-epidemic situation related to the COVID 19 pandemic have been identified and revealed;
- Dynamic measures have been created and implemented to adapt the management program and deliver an integrated health and social service aimed at a target group of vulnerable persons;
- Researched and described the establishment of the Bulgarian Red Cross Society in the city of Varna and the activities of providing assistance to the population in crisis situations;
- The role and place of the BCK in the construction of the Water Rescue Service, the development of water safety methods and assistance in the event of accidents was studied;
- The activity of the BCHK - Varna in the medical and social direction during a disaster situation and beyond is studied and described.

#### **4.6. Major original scientific contributions**

In general, the theoretical-methodological and practical-applied contributions in the scientific works of Prof. Dimitar Stavrev can be systematized in the following main thematic areas and directions:

- The main directions in the research work are related to clarifying the main points of the impact of disaster situations and in particular the impact of the water and marine environment on the human organism.
- Determining important aspects of the psychophysiological adaptation of the human organism when entering a water environment in a normal situation, in a simulated or real disaster situation.
- Historical-medical studies on the development of Bulgarian medical knowledge, on its actors from the city of Varna and Bulgaria, in general and specifically for their activities for the prevention and treatment of water trauma.
- Optimizing training models for maritime professionals with a view to reducing the effects of professional stress and reducing the risk to their health when acting in crisis situations of incidents, accidents and disasters at sea.
- Study of the response models of social institutions in a crisis pandemic situation.
- Optimizing the systems for medical and social protection of vulnerable groups of the population.
- Study of specific aspects of anatomical knowledge, both in the teaching of the various medical specialties and in solving specific clinical-anatomical problems.

In summary, it can be said that the scientific studies of Assoc. Prof. Dimitar Stavrev have a significant contribution to science in Bulgaria. This is especially true for studies that focus on various issues in disaster medicine and marine medicine. At the same time, the spectrum of his scientific output is very wide. It includes screening studies, organizational methodological and thematic analyses, and direct applied research in the fields of disaster medicine, maritime medicine, anatomy, histology, and the history of medicine and maritime medicine. The publications presented show the presence of broad knowledge and scientific interests in the field of these medical specialties, in which he is already an established research scientist.

## V. TEACHING AND PUBLIC ACTIVITIES

Assoc. Prof. Stavrev's teaching activity began in 1990 as an assistant at the MU - Varna. For nearly 15 years, he was also a teacher of anatomy at "Angel Kanchev" University of Ruse. From 1998 until now, he has been a teacher of medical training in the water rescue training courses at the MC of BRC-Varna.

From the attached academic report from the MU - Varna (reg. no. 112-183/19.05.2022) it is clear that in the last three academic years his total classroom occupancy was between 161 and 177 study hours. He was the supervisor of a successfully defended doctoral student.

I consider the above as a reliable foundation for quality further educational and teaching realization by occupying AP "Assoc. Professor". Assoc. Prof. Stavrev also develops significant social activities. He is a member of:

- Bulgarian Anatomical Society;
- Union of scientists in Bulgaria - Varna branch;
- Association of Water Rescue Specialists;
- The Bulgarian Association of Aviation, Marine and Space Medicine;
- Varna Society for the History of Medicine;
- Bulgarian Association for Hyperbaric Oxygenation;
- Bulgarian Scientific Society of Public Health.

## VI. RECOMMENDATIONS AND CRITICAL NOTES

From the documents presented to me in the contest, I was convinced that the presented monographs and scientific articles are the result of independent, focused and in-depth research activities of the candidate. During the careful reading of all materials on the procedure, I did not find any signs of plagiarism or incorrect citation of foreign sources. I believe that the visibility and recognition of Associate Professor Stavrev's scientific publications are available. But there is no doubt that the interesting and significant results of his scientific research and future publication activity would increase after his election as "Professor", especially in the field of marine medicine, expanding the circle of scientific journals to which he could direct his articles. I have no major criticisms.

## VII. CONCLUSION


Assoc. Prof. Stavrev is an established researcher and teacher with high authority and undoubted personal qualities. His scientific works generally contain scientific-applied, scientific-theoretical and scientific-educational contributions to disaster medicine and marine medicine.

In this regard, as well as based on my personal impressions, I have a "positive" opinion on the contest and the qualities of the candidate. I believe that he is a well-rounded specialist, researcher and teacher, and possesses the professional qualities and academic potential to occupy the academic position of "Professor".

This allows me to confidently recommend and propose to the members of the Honorable Scientific Jury to award the academic position, "Professor" in the field of higher education 7. Health care and sports, professional direction 7.1. Medicine; in the scientific specialty "Medicine of disaster situations (marine medicine)" of Assoc. Prof. **Dimitar Georgiev Stavrev, MD, DSc.**

15.08.2022.  
Varna

REVIEWER:

  
Prof. Nikola Shopov, MD, Ph.D.