

**TO THE CHAIRMAN OF THE SCIENTIFIC JURY,
APPOINTED BY ORDER NO. P-109-574/04.12.2020
OF THE RECTOR OF MEDICAL UNIVERSITY
VARNA**

STANDPOINT

BY PROF. GENO KIROV KIROV, MD, DMS

**A MEMBER OF THE SCIENTIFIC JURY APPOINTED BY ORDER №
P-109-574/04.12.2020 OF THE RECTOR OF MEDICAL UNIVERSITY
VARNA, IN A COMPETITION FOR OCCUPATION OF ACADEMIC
POSITION "ASSOCIATE PROFESSOR" IN FIELD OF HIGHER
EDUCATION 7. HEALTHCARE AND SPORT; PROFESIONAL
DIRECTION 7.1 MEDICINE SCIENTIFIC SPECIALTY "SURGERY"**

**In the competition announced in SG, issue №86/06.10.2020, one candidate
submitted documents:**

D-R MIHAIL STEFANOV TABAKOV

1. BIOGRAPHICAL DATA.

Dr. Tabakov was born in Sofia in 1978. He obtained a Master's degree in Medicine at the Medical University - Sofia in 2003. In 2014 he became a specialist in Surgery. In 2017 he successfully defended his dissertation on "Study of the possibilities for treatment of ventral hernias with endoscopic techniques." The candidate speaks English, German and Russian. He has passed

numerous specializations in France, Germany, Turkey, the Netherlands, Great Britain and Italy, expanding his professional qualification in general and laparoscopic surgery. At present, dr. Tabakov is a surgeon in one of the leading Clinics of General and Endoscopic Surgery in the country.

2. SCIENTIFIC AND TEACHING ACTIVITY AND CONTRIBUTIONS.

In this competition, Dr. Tabakov participates with a dissertation for the acquisition of ESD "Doctor" on "Study of treatment options for ventral hernias with endoscopic techniques" in a volume of 200 pages and a bibliography of 533 titles - 516 foreign sources and 17 Bulgarian. A list of 40 publications and full-text reports is presented, divided as follows: 12 - in publications referenced in world databases - Scopus and Web of science, 27 - in publications from the National Reference List and 1 chapter in a collective monograph, with a total impact factor 10,979.

According to Google Scholar, d-r Tabakov is cited 30 times with h-index -3 and i10 index - 1. The competition presents 4 citations, all of which are in international journals, indexed in world databases.

The presented dissertation for the acquisition of ONS "Doctor" occupies a significant place not only in the scientific work of Dr. Tabakov, but also represents a serious practical guide for any specialist working in the field of minimally invasive ventral hernioplasty. The dissertation is illustrated with numerous figures and rich photographic material, from actually performed operations, allowing the reproduction of different techniques for endoscopic ventral hernioplasty in different indications.

The author summarizes the data collected by him and presents in a synthesized form, through the prism of a critical look, a modern and rich source

of concentrated knowledge on the topic of "minimally invasive ventral hernioplasty".

Apart from the mentioned dissertation, the publishing activity of Dr. Tabakov, reflected through the articles and full-text reports from participation in scientific forums, is diverse, based on over 15 years of professional experience. It proves, indisputably, the highest level of results obtained in its research in the field of emergency and planned surgery, and in particular:

- ✓ **laparoscopic treatment of abdominal wall hernias - inguinal, umbilical, postoperative**
- ✓ **laparoscopic interventions through one incision**
- ✓ **laparoscopic surgery for diaphragmatic defects and GERD**
- ✓ **laparoscopic surgery for emergencies - peritonitis, trauma, intestinal obstruction**
- ✓ **laparoscopic colorectal surgery for benign and malignant diseases**
- ✓ **treatment with "open" abdomen**
- ✓ **treatment with negative pressure in surgical practice**

The development and implementation of a number of modern and laparoscopic methods for the treatment of perforated ulcer, acute peritonitis, small bowel obstruction, hiatal hernias, colorectal cancer and many others can be mentioned as purely applied contributions.

Dr. Tabakov is also active in the theoretical and practical training in surgery for students and specialists within the Department of Emergency Medicine at MU -

Sofia. He has participated intensively in the development of lectures and editing of materials for the journal "Emergency Medicine". The candidate plays a key role in compiling the doctoral program in Surgery at the Clinic of General and Endoscopic Surgery of the University Hospital "St. Iv. Rilski" Sofia.

CONCLUSION.

In conclusion, the documentation and evidence presented in the competition cover the scientific and metric indicators for holding the academic position of "Associate Professor", according to the Regulations for the development of the academic staff of MU - Varna and the legislation in the country, reflected in the table:

Group of indicators	Content	Associate Professor Required	Associate Professor Available
A	Index 1	50	50
B	Index 2	-	
C	Sum of indexes 2,3 and 4	100	121,6
D	Sum of indexes from 5 to 9	200	202,2
E	Sum of indexes from 10 to 12	50	60

The candidate in this competition is an experienced surgeon with serious scientific activity, which reflects his high professional level, achieved on the basis of extremely rich clinical material, operative methods and derived

algorithms for diagnosis and treatment. Based on the proposed documentation, I give my positive vote with full conviction and I invite the esteemed jury to give its positive assessment of the election of Dr. Mihail Stefanov Tabakov, MD. for "Associate Professor" in the field of Higher Education 7. Health and Sports, Professional field 7.1. Medicine and the scientific specialty "Surgery".

28.01.2021



PROF. GENO KIROV KIROV, MD, DMS.