

To the Chairman of the Scientific Jury,  
assigned by Order No. R-109-316 / 07.10.2019.

To the Rector of Medical University - Varna

## **ATTITUDE**

**by Prof. Dr. Slavcho Tomov Tomov, MD, Ph.D.**

**Rector of Medical University - Pleven**

### **About**

**Contest for the award of the academic position "Associate Professor"**

**Obstetrics and Gynecology**

**to Dr. Stefan Vasilev Kisyov, MD**

**The competition has been announced in the State Gazette no. 62 / 06.08.2019**

### **Short biographical information**

Dr. Stefan Vasilev Kisyov, MD was born in 1978 in Varna. He completed his secondary education in 1996, and in 2002 he obtained a degree in medicine from the Medical University (MU) - Varna. Since 2011 he has been appointed as a full-time assistant at the Department of Obstetrics and Gynecology at the Medical University - Varna. Since 2005, he has been appointed to the position of a doctor at SAGAL "Prof. Dr. D. Stamatov Ltd. - Varna. Since 2008 he has been working as an obstetrician-gynecologist at MCAR Varna - Varna. In 2018, after winning the competition, he became the Chief Assistant at the Department of Obstetrics and Gynecology, Medical University - Varna.

In 2014, Dr. Kisyov was admitted to a free doctorate at the Department of Obstetrics and Gynecology at the Medical University of Varna and in 2017 successfully defended his dissertation on "The place of reproductive surgery in the complex treatment of infertility" with scientific adviser prof. Emil Georgiev Kovachev, MD, Ph.D. He acquired a specialty in Obstetrics and Gynecology in 2014.

### **Research activity**

For the competition, Dr. Stefan Kisyov presents his dissertation on the topic: "The place of reproductive surgery in the complex treatment of infertility", monograph "Office hysteroscopy. Place in Contemporary Gynecology", as well as 21 full-text publications in Bulgarian and international scientific journals that meet the minimum scientific-metric criteria for occupying the

academic position“ Associate Professor ” and 5 additional publications are attached. Dr. Kisyov has participated in national conferences and symposia. He has actively participated in conferences organized by the Bulgarian Association for Minimally Invasive Gynecological Surgery. The applicant presents certificates for completed highly specialized activities in the field of gynecological laparoscopy and hysteroscopy in Leuven, Belgium - 2019, as well as a laparoscopic course "Deep pelvic endometriosis" at IRCAD, Strasbourg, France. Dr. Kisyov is a member of: BLS, BDAG, BASRZ, BAMIGH, ESGE, ESHRE.

## **Research activity**

### **I. Contributions related to the dissertation**

Overall 10 contributions have been formulated. The site of reproductive surgery has been identified as an integral modern part in the treatment of infertility. An exemplary algorithm for behavior in the diagnosis and treatment of patients with infertility has been developed.

### **II. Contributions to other thematic areas unrelated to the dissertation:**

1. Interestingly rare cases of ovarian tumors and pregnancy have been examined and followed.
2. For the first time in Bulgaria, some rare forms of ectopic pregnancy have been described after assisted reproduction and subsequent laparoscopic treatment.
3. Some problems and cases in gynecological endoscopy for the purposes of reproductive medicine have been considered.

### **III. Contributions to the Monograph Work Office Hysteroscopy. A Place in Contemporary Gynecology "**

Diagnosis or rejection of some pathological findings in the uterine cavity by office hysteroscopy is of great importance for the diagnosis of female infertility as well as for the ultimate success of assisted reproductive technology (ART). Experience has shown that in addition to diagnostics, office hysteroscopy can also be used for treatment. Qualitative diagnosis through this instrumental method, prior to assisted reproduction procedures, increases the chance of a subsequent clinical pregnancy.

With the refinement of instruments, diagnostic office hysteroscopy shifts standard procedures and becomes the method of choice in the study of female infertility in consecutive failed ART.

The main advantages of office hysteroscopy for patients are:

1. Precise diagnostics;
2. Lack of anesthesia and avoiding its side effects;
3. Outpatient procedure

4. Maintaining patients' working capacity;
5. Extended opportunities for therapeutic interventions with office hysteroscope such as
  - Treatment of endometrial polyps
  - Removal of IUD's
  - Removal of intrauterine adhesions
  - Remove some fibroids

#### Conclusion

The complex evaluation of the research activity of Dr. Stefan Kisyov shows that it complies with the requirements of the requirements for the development of the academic staff in the Republic of Bulgaria and the Regulations of the Medical University - Varna for acquiring an academic position "Associate Professor". Scientific output is sufficient in volume and quality, and much of Dr. Kisyov's work is original. On this basis, I recommend to the honorable members of the Scientific Jury to vote positively for the award of the academic position of Associate Professor in the scientific specialty "Obstetrics and Gynecology" to Dr. Stefan Vasilev Kisyov.

11/7/2019

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Signature:

(Prof. Dr. Slavcho Tomov)